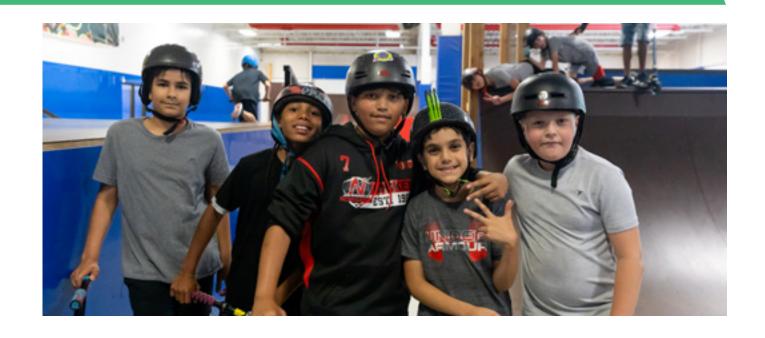


# **Recreation Youth Centre &** telMAX Indoor Skate Park



# **Recreation Youth Centre** & telMAX Indoor Skate Park

56 Charles Street. 905-953-5120

Welcome to the Recreation Youth Centre and telMAX Indoor Skate Park, also known as the RYC! This centre offers children and youth a safe place to hang out with friends and participate in as much or as little as they like. The RYC is proud to offer both drop-in and registered programs.

### **Drop-In With Us!**

### Games



Ping Pong Pool **Air Hockey** Foosball **Nintendo Switch** Skee-Ball

### **Skate Park**



Skateboard Scooter Rollerblading

### **Gym**



**Basketball** Volleyball **Ball Hockey** & much more!

### **Registered Programs**

Whether you're interested in Skateboard or Scooter Lessons, Sport Programs, Art Programs or Leadership Courses, we've got you covered! All our registered program information can be found in the next few pages, and in the Youth Programs Section. For more information, please contact the Recreation Youth Centre & Skate Park at 905-953-5120 or youthcentre@newmarket.ca.

### **2024 Fees**

Unlimited Access Skate Park & Gymnasium Drop Ins included in the RecPass Membership	
SESSION DROP-IN FEES	
Gym	\$1
Skate Park	\$5
Lobby Games	FREE
MULTI-PASSES	
Skate Park - 10 Passes	\$33
Gym	\$7

### Skate Park Use - Equipment Required:

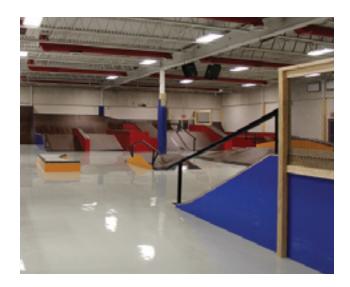
- Helmet (Skateboard, Scooter, Hockey with the cage/ visor removed, or Ski/Snowboard). \*Bike helmets are not permitted.
- Skateboard, Scooter or Rollerblades
- Close toed shoes

### newmarket.ca/youth

### Recommended:

Padding (knee, elbow, etc.) Mouth guard





# You've asked. We've answered.



### Do you offer private and semi-private skateboard or scooter lessons at the Recreation Youth Centre and telMAX Indoor Skate Park)?

Yes! The next page outlines our Skateboard and Scooter Lessons. Additional lesson times may be available based on Instructor availability. Call the RYC at 905-953-5300 ext. 2828 for additional availability.

### Do you offer any leadership opportunities for Youth?

This Spring we are offering a variety of registered leadership programs and volunteer opportunities. Visit newmarket.ca/youth for more information

Can I rent the RYC for my next event? Yes! Please view our Party Packages at newmarket.ca/partypackages

### Will children be supervised while visiting the RYC?

Yes! Our staff are trained to supervise our program areas, and in Standard First Aid & CPR-C.

Registered programs: Children will only be fully supervised during our registered recreation programs.

**Drop-in sessions:** Supervision is limited to the availability of staff. While visiting the RYC for a drop-in session, it is expected that a parent/ guardian will remain on the premises to ensure appropriate supervision of those 9 years of age and younger.

# **Skateboard Lessons 101**

Having trouble deciding which Skate lessons to start with?



### **Stance**

Level: Beginner

Standing, pushing, balance and weight transfering will be taught in this level.



# **Kicks**

Level: Beginner/Intermediate

Taking new learned skills from Stance and apply them to the ramps. Rolling up and back down, kick turns and pivots will also be taught.



## **Axels**

Level: Intermediate

The more experienced rider level. More focus is on learning tricks on the ramps and being fully comfortable dropping in and riding all the obstacles.



## **Transfers**

Level: Advanced

Transfers is for the advanced and avid skateboarder. Focusing on tricks mostly learning and working on the more street style skateboarding.

# **Scooter Lessons 101**

Having trouble deciding which scooter lesson to start with?



### **Beginner**

Introduction to scootering, riding, pushing and basic technique will be learned.



### Intermediate

For the more experienced rider looking to take their skills to the next level.



#### Advanced

For the advanced rider looking to learn harder tricks and advanced ramp riding.

Remember skateboarding and scootering take time and patience, it's not a sport that can be rushed or forced. Enjoy the process and have fun!

# **\* Skate Park Lessons**



### Scooter Lessons

#### **Scooter Private Lessons**

Private Scooter Lessons for any skill level. Level of instruction to be determined based on skill level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended. For additional information or additional timeslots please call 905-953-5300 ext. 2828

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 

### **Scooter Group Lessons - Beginner**

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, balance, park etiquette and safety while riding in our skate park setting. Introduction to the bunny hop and tailwhip will also be taught. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 





### **Scooter Group Lessons - Intermediate**

Review and perfect the core elements taught in beginner, with more emphasis on learning tricks and techniques needed to develop existing skills. Participants will also be taught an introduction to ramps, rails and ledges, as well as airs and spins. A skateboard helmet, multisport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 

### **Scooter Group Lessons - Advanced**

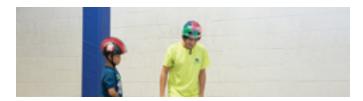
Advanced scooter lessons are for riders who are looking to become a bit more technical on their scooter and start learning difficult tricks. You will go over technical tricks such as manuals (balancing on one wheel) and riding fakie (rolling backwards on a scooter). Riders will also be taught combo tricks (mixed tricks) such as double tail whips, and 180 barspins. If you are in the advanced scooter class, your riding will become more stylish, clean and precise. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 

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### Skateboard Lessons

#### **Skateboard Private Lessons**

Private Skateboard Lessons for any skill level. Level of instruction to be determined based on skill level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended. For additional information or additional timeslots please call 905-953-5300 ext. 2828.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 

### **Skateboard Lessons Level 1: Stance**

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 

### Skateboard Lessons Level 2: Kicks 1

Roll-Ins: Students continue to establish balance, proper pushing and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 



#### Skateboard Lessons Level 3: Kicks 2

Drop-ins: Students capable of demonstrating the ability of balance and basic skills will learn drop in on 2 and 3 foot quarter pipes, ride fakie, reverts, move to 4 ft flatbank, roll in competency, learn ollie skills and skateboard care. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

**Indoor Skate Park** 

#### Skateboard Lessons Level 4: Axles 1

Axles 1 (Transitions): Students continue to develop skills of drop-in on quarters 4 and 5 feet., competency in kick turns, and proper pumping on transitions. They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

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#### **Skateboard Lessons Level 5: Axles 2**

Axles 2 (Stalls): Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

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### **Skateboard Lessons Level 6: Transfers 1, 2, 3, 4**

(1) Students will work on ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground. (2) Students will learn a new series of skills including mastering the Fakie of Flatground tricks. (3) Students will apply T2 tricks to obstacles. Maneuvers include olliing out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others.(4) This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers, learn about improving performance, demonstrate versatility, and work on leadership. Participants will be contacted to confirm desired Transfer level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX

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