

Activity Guide

Spring 2024

Spring Registration Dates:

Resident: March 6

Non-Resident: March 13

Recreation & Culture

newmarket.ca/recreation



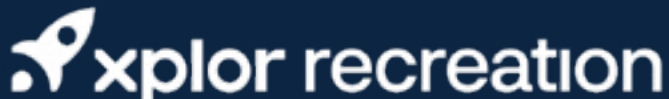
Newmarket



Create Your **Xplor** **Recreation** Account Now!

Beat the rush and have your new Xplor Recreation account ready
for access to drop-in programs, memberships & passes,
and registration day!

newmarket.perfectmind.com





Mayor & Council

As we prepare to spring into the next season, there's a renewed sense of energy and excitement, and what better way to embrace it than by exploring all the recreation and cultural activities Newmarket has to offer.

Each season, the Town offers a range of opportunities to engage, learn, and thrive. This season's offerings reflect the diverse interests and talents within our community. Whether you're a skilled enthusiast or looking to try something new, there is something for everyone within these pages. Cooking, painting, and basketball are just a few of the many programs you can sign up for beginning Wednesday, March 6 at 8 a.m.

Embrace the season, seize the opportunities, and discover something new with the Town of Newmarket!

Sincerely,

John Taylor
Mayor

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2024 Spring Registration

Registration Dates

Resident Registration
March 6 at 8 a.m.

Non-Resident Registration
March 13 at 8 a.m.



How to Register



Online

Online - It's easy, secure and the fastest way to register for a program!

What you need:

- Xplor Account login
- Visa/Mastercard/AMEX or credit on your account**
- Program ID

What to do:

- Log on to newmarket.perfectmind.com
- Select the Activity Tab then registration
- Use the filters and activity categories to find activity
- Select register or 'Waitlist' depending on availability
- Enter your credit card information or apply your credit
- Print your registration confirmation and receipt at time of registration
- If you experience trouble, call the Help Line at 905-953-5154
- View all of your activities under the schedule section of your online account



Important Information

Log in to your Xplor Account.
newmarket.perfectmind.com

Review 'steps to register' prior to registration.

Forgot your password? Click "Forgot Password" to reset.

Due to volume of users on registration dates, delays in accessing online registration may occur.



In-person

What you need:

- Your Xplor Account Information
- Cash/Cheque/Debit/Visa/Mastercard/AMEX or credit on account
- Program ID or name of program

What to do:

- Visit one of our Customer Service Kiosks* during business hours.
This registration method reduces your chances of getting into the programs of your choice as programs fill up quickly.

*Customer Service Kiosks: Ray Twinney Recreation Complex, Municipal Offices, Magna Centre, Newmarket Seniors' Meeting Place, Recreation Youth Centre & telMAX Indoor Skate Park. (see page. 9 for facility information)



10 things to know before your program starts!

Our Dynamic Staff	Our staff are chosen for their passion for working with people, creativity and leadership skills. Staff are certified in Standard First Aid, CPR "C" and produce a positive Police Vulnerable Sector Check. Staff may also be trained in and HIGH FIVE® Principles of Healthy Child Development.
Parents/Guardian Responsibilities	All Parents/Guardians are responsible for: <ul style="list-style-type: none">• Discussing appropriate behaviours with their children. The Town of Newmarket follows the same code of conduct as the school systems.• Ensuring your child is appropriately dressed for their program of choice.• Ensuring your child does not bring valuable items to programs. The Town of Newmarket and its vendors are not responsible for lost or stolen items. Electronic games, iPods, cellphones, money, etc. are not permitted.• Guaranteeing your child is toilet trained (unless the class is parent participation). All participants must be toilet trained and independent in the washroom. If an accident occurs, a phone call will be made and the guardian is expected to come in to assist in changing. If your child has specific needs, you may speak with the Recreation Programmer.
Participant Behaviour	<p>The Town of Newmarket strives to provide the highest level of safety and enjoyment to all participants and staff during its camps and programs. Coarse language, bullying, non-compliance, and aggressive or inappropriate behaviour are NOT permitted.</p> <p>These behaviours will be documented, reported, and could result in the removal of a participant from the program. If your child has behavioural concerns please speak to the Recreation Programmer - Inclusion & Support Services at inclusion@newmarket.ca and notify them of triggers and methods which are helpful for your child. It is our goal to make our programs enjoyable for everyone!</p>
Support In Programs	The Town of Newmarket is dedicated to providing meaningful recreation opportunities to children, youth and adults with disabilities through inclusive and adapted opportunities. Participants are encouraged to pick a program and support level that meets their individualized needs and abilities. For information please visit www.newmarket.ca/inclusion or contact our Recreation Programmer - Inclusion & Support Services at inclusion@newmarket.ca



Inclement Weather	In the event of inclement weather, please check www.newmarket.ca , social media (Twitter, Facebook, and Instagram) or call 1-877-752-9936 for any program cancellation notices.
Nut Aware	Participants are not permitted to bring food products that may contain nuts or traces of nuts (peanuts included) to a Town program or camp. Should items that contain nuts be found, the product will be removed from the area and returned to the parent/guardian. Soy butter also known as “Wow Butter” is not permitted. Although the product is peanut free, it creates a stressor in the program environment for those with an allergy as it looks and smells just like peanut butter.
Children’s Well Being	Parents/Guardians should be aware the Family and Child Services Act requires any suspicion or allegation of child abuse to be reported immediately to the Children’s Aid Society. The Act recognizes that each of us have a responsibility to the welfare of children. It clearly states any member of the public, including professionals who work with children, have the obligation to promptly report to the Children’s Aid Society if they suspect a child is or may be in need of protection. Therefore any evidence or suspicion of neglect, physical, and/or emotional abuse will be reported.
Photo Policy	<p>Registered Programs: Photos/Video may only be taken with pre-approval of the instructor, or as otherwise promoted (e.g. Photo Days).</p> <p>Drop In Programs: Photo/Video may be taken at any time, but every attempt should be made to be respectful of everyone’s privacy by trying to limit your focus to your friend or family member, unless permission has been given to include others.</p> <p>Photo/Video in change rooms and washrooms is prohibited.</p>
Fee Assistance	The Town of Newmarket aims to “Create Accessible Recreation for Everyone” by offering financial assistance to residents of all ages and abilities on any Town of Newmarket Recreation & Culture registered programs and memberships. See page 101 and 102 for subsidy program options and information.



Events

For information on all upcoming events check out
newmarket.ca/events

All events are free to the public unless otherwise indicated.



Interested in receiving email updates with news, events, and happenings?
Sign-up at newmarket.ca/recreation

Facilities

Municipal Offices

395 Mulock Drive
P.O. Box 328, Station Main,
Newmarket, Ontario
L3Y 4X7

Facility Information

Community Centre & Lions Hall

200 Doug Duncan Drive | CCLH
905-895-5193

Elman W. Campbell Museum

134 Main Street South | ECM

Gorman Outdoor Pool (Summer Only)
424 D'Arcy Street | GOP | 905-895-5193

Lawn Bowling (Indoor/Outdoor)
400 D'Arcy Street | 905-895-1265

**Magna Centre
and telMAX Outdoor Skatepark**
800 Mulock Drive | MC | 905-895-5193

Newmarket Seniors' Meeting Place
474 Davis Drive | 905-953-5325

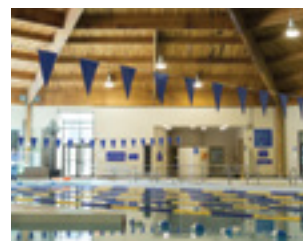
NewRoads Performing Arts Centre
505 Pickering Crescent | 905-953-5122

Newmarket Public Library
438 Park Avenue | NPL | 905-953-5110

Old Town Hall
460 Botsford Street | OTH | 905-895-5193

Ray Twinney Recreation Complex
100 Eagle Street West | RTRC | 905-895-5193

**Recreation Youth Centre and
telMAX Indoor Skate Park**
56 Charles Street | RYC | 905-953-5120



Phone.	Fax.	Website.
905-895-5193	905-953-5113	newmarket.ca



* Refunds/Withdrawal Policy

Q. I'm withdrawing at least 7 days prior to the start of the class. What happens?

A. You are able to withdraw online and receive a full refund to credit card or leave a credit on your account for future use.

Q. I need to withdraw due to a medical reason?

A. You may withdraw at any time with medical documentation provided. All credits to account/refunds will be prorated.

Q. I need to withdraw less than 7 days prior to the start of the class, or after the class has begun. What should I do?

A. Please submit a withdrawal and/or refund request to Customer Service or email info@newmarket.ca. All approvals will be up to the discretion of the Town of Newmarket. Issued credits to account/refunds will be prorated.

Q. Will a refund request be considered after a program has ended?

A. Unfortunately requests submitted after the program has ended will not be considered.

Q. Will a refund be issued if I miss a class?

A. In the event you are unable to attend one or more classes, a make-up class, refund, or credit will not be offered unless medical documentation is provided.

Q. My program has been cancelled. Will I receive a refund?

A. Yes. You will receive a full credit, refund or may transfer to another available class.

Q. My cheque has insufficient funds. What happens?

A. You will be charged a non-sufficient funds fee of \$50. The repayment must be made in cash, debit or certified cheque prior to attending the next class.

Q. The program has started. Am I too late to register?

A. You can register for a program up until the second class. Late registrations will not be prorated. Please contact our Customer Service department for availability.

Have feedback on your program?

We are always looking for ways to improve the quality of programs. If you have feedback regarding your program experience please let us know at: recreation@newmarket.ca or call **905-895-5193** to be directed to the Recreation Programmer who oversees the program.

*Refund/withdrawal requests may be made online at newmarket.ca, in-person at a Customer Service Kiosk, or by phone, 905-895-5193.

* Thank you to our naming rights sponsors!



Mercedes-Benz
Newmarket



SERPA AUTOMOTIVE GROUP



Reininger
Family

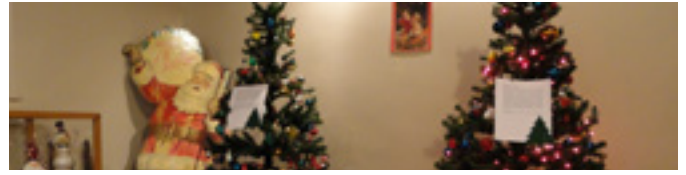




Heritage Programs

Elman W. Campbell
MUSEUM





* Heritage Programs

At Our Museum

Curriculum-Based Education School Programs

The Elman W. Campbell Museum offers heritage school programs for students in Grade 1 to 3 (during the school year). Students will learn about the theme through objects in our collections and engage in hands-on activities. \$3.50/child | Bookings or inquiries: 905-953-5314. Download our school program brochure at newmarket.ca/museum

- **Grade 1:** The Local Community: Historic Newmarket
- **Grade 2:** Light, Candles and Winter Celebrations (offered mid-November to December only)
- **Grade 3:** Life in Newmarket, 1780-1850

Community Outreach

Great hands-on interactive presentations for schools, seniors' groups, youth groups | \$60/group.

- Grandpa's Tool Kit
- Illumination
- Vintage Treasures in a Basket

To book a program call 905-953-5314 or email: museum@newmarket.ca

Program Index

New Exhibits at the Elman W. Campbell Museum!

Enchanting Florals and Landscapes

Opens July | Tuesday to Saturday

10 a.m. to noon and 1 to 4 p.m.

Free admission (monetary donations accepted).

We are excited to announce that a variety of artwork in the museum's collection is being released from storage to be displayed during the Summer of 2024. The exhibit is based on the trendy cottagecore décor and features a range of artwork created by artists who were inspired by the natural beauty of landscapes, quiet rolling hills, sunsets, farmland, and flowers. Many of the pieces will be on display for the first time.

New! Heritage Newmarket Lego Competition

Opens May 7 | Tuesday to Saturday

10 a.m. to noon and 1 to 4 p.m.

Free admission (monetary donations accepted).

The Elman W. Campbell Museum is launching an exciting and highly creative display that features miniature replicas of Heritage Newmarket buildings constructed entirely of Lego, during May is Museum Month.



**Click here to view full
program information
and register online**



Programs at the Museum

Wee Fun Wednesdays: Toddlers & Caregivers

Wednesdays 10 a.m. to 12 p.m.

Suitable for ages 1 to 4 | Parent/guardian supervision required \$5/Child

Pre-register at newmarket.perfectmind.com

Our drop-in programs for Tots and Caregivers will stimulate communication, cooperation, imagination, and help tots make new friends! Stop in for crafts and explore our many displays! Join us for a different theme each Wednesday.

- Lots of hands-on playtime with tabletop activities
- Crafts
- See our changing displays.
- Make new friends!

Saturday Fun Day Workshops

Participants will develop their creativity and motor skills and enjoy some fun activities making unique crafts. Finish with a themed scavenger hunt and tabletop activities. Suitable for ages 4-10. Adult supervision required.

Floral Creations

Saturday, April 13 | Two sessions 10 a.m. to 11:30 a.m. or 1 p.m. to 2:30 p.m. Suitable for ages 4 to 10 | Parent/guardian supervision required | \$5/child | Pre-Register in advance at newmarket.perfectmind.com

Participants will learn to make simple floral blossoms from tissue paper to create their own blooming spring masterpiece.

Painted Flowerpots

Saturday, April 20

10 a.m. to 11:30 a.m. or 1 p.m. to 2:30 p.m.

Suitable for ages 4 to 10

Parent/guardian supervision required

\$5/child | Pre-Register in advance at newmarket.perfectmind.com

Be prepared to have fun and get messy painting flowerpots and planting a flower in celebration of Earth Day.

Scrapbook Paper Birds

Saturday, April 27

10 to 11:30a.m. or 1 to 2:30p.m.

Parent/guardian supervision required

\$5/child. Pre-Register at newmarket.perfectmind.com

Spring is here! Participants will learn how to create their own springtime birds using scrapbook materials.



Click here to view full program information and register online

Program Index



May is Museum Month!

Heritage Newmarket Lego Competition (New Display!)

**Opens May 7 | Tuesday to Saturday
10 a.m. to noon and 1 to 4 p.m.
Free admission (monetary donations accepted).**

The Elman W. Campbell Museum is launching an exciting and highly creative display that features miniature replicas of Heritage Newmarket buildings made by local talents and constructed entirely of Lego, during May is Museum Month. Members of the public are invited to vote for a People's Choice Award from May 6 until May 11, 10 to Noon and 1 to 4 p.m. 2024.

May is Museum Month - We have Lots of Activities!

Museums are a vital part of Ontario's education system, supporting skills in reading, science, math, history and critical thinking! Check out our programs for May.

Mini Museum in a Box

**Saturday, May 11
10 to 11:30a.m. | Suitable for ages 4 to 10
Parent/guardian supervision required | \$5/
child | Pre-Register in advance at [newmarket.
perfectmind.com](https://newmarket.perfectmind.com)**

Design your own mini exhibit. Theme, title, labels, action! Participants will curate their own mini exhibit; learn why we have museums and how to handle artifacts.

DIY 2-D Castles, Play Crowns and Wands

**Saturday, May 18
10 to 11:30a.m. | Suitable for ages 4 to 10
supervision required | \$5/person
Pre-Register at newmarket.perfectmind.com.**

Celebrate Queen Victoria's birthday with us as we design a two-dimensional castle, noble play crowns and majestic wands fit for royalty. Try a themed scavenger hunt to receive a prize and hands-on tabletop activities.

Mini Race Car Floor Mats

**Saturday, May 25
10 to 11:30a.m. | Suitable for ages 4 to 10
required | \$5/child.
Pre-Register at newmarket.perfectmind.com**

Participants will learn how to plan their own community mini race car mat track and incorporate both natural landscapes and built features with it.

Museum Closure Notice

The Elman W. Campbell Museum will be closed for facility maintenance from **June 1 to June 30, 2024.**



**Click here to view full
program information
and register online**

Program Index



New**Roads** Performing Arts Centre



Looking for a beautiful space to host your next function or meeting?

Check out the beautiful lobby, complete with bar and a number of seating options. To book a site visit please contact Janet Raponi, NewRoads Performing Arts Centre Programmer, at 905-953-5300 ext. 2842

Visit newmarket.ca/theatre for this year's performances!

To stay in the know on all things Arts & Culture related happening in Newmarket sign up to receive our Arts & Culture e-newsletter here

newmarket.ca/artsandculture



Newmarket's **Choose Local** campaign was created with small businesses at heart. Over the past two years Newmarket has come together in a big way to support our local business community. Let's continue to show our homegrown businesses some love. **Choose Local, Choose Newmarket.**



VISIT OUR **CHOOSE LOCAL** DIRECTORY

It's time to Choose Local. What products, services or activities can we help you find?



CHOOSE LOCAL DIRECTORY

Find out where you can fill all of your shopping needs locally in one place! Gift ideas, local restaurants, health, beauty, and wellness products, electronics and more are all included in Newmarket's Choose Local online shopping directory. Visit newmarket.ca/ChooseLocalDirectory
Happy shopping!

HERE TO HELP BUSINESSES

If you are a local business owner, make sure to claim your listing to be part of the Choose Local Directory. Visit newmarket.ca/ChooseLocal to verify your information so the community can easily search the directory and find your business.



Arts & Culture Programs



An introduction to

* Paths *

A new way to discover Arts and Culture programs

The disciplines of language, arts, music, performing arts, technology and more, begin by sparking young interests early.

As your child progresses and has an opportunity to choose, our programming can enhance their knowledge and skills, and nurture their growing interests and passions. Later, your child may express a deeper interest in following a specific PATH. For adults our PATHS can ignite your passion.

In this edition of the Guide you will note a number of PATHS identified to better understand our Cultural programming opportunities.

'PATHS' is our long- term skill development network of programs designed to advance appreciation for the arts, culture and technology. For the younger age, it is a play-based and discovery model that focuses on the learning process as much as the results. For the more mature, it is a pathway to life-long learning.

PLAY Based Learning:

Preschoolers learn best through hands-on imaginative play.

ARTS Programming:

Children will explore a broad range of the arts to discover their interests and test pilot their skills.

TECHNOLOGY based Exploration:

Will provide a modern tool for discovery in the emerging landscape of the creative industries and technology.

HUB Based Skills:

Helps children to work in pairs and teams in a welcoming and diverse learning environment, while experiencing citizen-based collaboration where everyone is welcome.

SPECIALIZE Your Learning:

For your child or yourself; a personal pathway to passion.

We provide a 'safe space' environment where everyone is a welcome learner and participant. The Town of Newmarket commits to nurturing and embracing diversity in creating an environment for extraordinary public service. The Town promotes equity, accessibility, and inclusion through our thoughts and actions in support of our growing community.

Paths for Children's Discovery

PATHS for Children's Discovery

Your child's participation in PATHS recognizes the importance of fine and performing arts, and culinary and language arts, as setting a strong foundation for their early years and continued pathways to future learning. We provide play-based learning in a culture of inquiry for diverse learners.

Paths for Teens Exploration & Future

Your teen's participation in PATHS may lead to a rewarding career in the arts; from fine arts, photography, film and marketing, to graphic design, or a technology based future in their post-secondary education.

Paths for Adult Exploration & Life Long Learning

You may be recently retired and looking to develop new skills and be with other adults who share your passion for life. You may love to learn – perhaps a new language to be travel ready? Maybe you wish to re-discover or enhance your artistic passions? Life is just better with the arts!

Follow your Paths to passion

How to read the Paths descriptions

What's different in the PATHS program descriptions?

It's fairly simple. Foremost, you will see a pathway or designation of the program, followed by more specific detail enabling you to choose a program with confidence and understand where it can lead:

PATH: Performance Arts

Level: Beginner, Intermediate, Advanced
A Course Description: is included.

What your child will learn: Is clearly identified.

What your child will bring home: If there is a take-away, it will be clearly identified.

Example Description

Art Experiment Lab

Path: Visual Art / Science

Level: Beginner

Your child will be invited to explore art through a wide range of materials and focus on an 'experimental' and fun-filled approach.

Age: 7 to 11 Years

Location: Ray Twinney Recreation Complex

Session(s): Winter

Look for Arts and Culture programs in each section of this Activity Guide.



Click here to view full program information and register online

* Featured Arts and Culture Spring Programs

You asked for it! We have added another time slot for our popular Munchkins in the Kitchen
NEW 4 p.m. start time slot for children ages 3 to 5.

Munchkins in the Kitchen

**Wed & Thurs | Apr 10 - May 15 & Apr 11 May 16
| 4 to 5 p.m. & 5:15 to 6:15 p.m. |
Age 3 to 5 Years | Recreation Youth Centre
and TelMAX Indoor Skatepark**

A great way to introduce your child to the kitchen! Prepare healthy treats; learn new words, and different types of cultural foods. Please bring a container for treats to take home and a binder for recipes. Parent participation is required for this program.

**\$80 Resident Fee | \$110 Non-Resident Fee |
Course Code(s) #25298 & #29634**

Some NEW Programs especially geared for the Preschool Child

Parent and Tot – Art Creations

Tues | Apr 9 - Jun 4 | 10:15 – 11 AM | Age 18 months – 42 months

Ray Twinney Recreation Complex

Bring your baby and enjoy creative crafts and social time. Designed for the new parent and infant.

**Resident Fee \$89.00 | Non-Resident Fee \$119 |
Course Code #24832**

Parent and Tot Music and Dance

Tues | Apr 9 to Jun 4 | 9:30 to 10 a.m. |

**Age 2 to 4 Years | Ray Twinney
Recreation Complex**

Introduce your child into the social atmosphere in our welcoming class where we can create music with our instruments, dance and explore. Caregiver participation is required.

**Resident Fee \$97.48 | Non-Resident Fee
\$127.48 | Course Code #23527**

NEW for Children and Youth – With Technology in Mind

KGM - 3D Modeling and Printing

**Fri | Apr 12 to May 31 | Age 8 to 12 Years |
Magna Centre**

Learn how to design and model 3D structures. By implementing an easy-to-use software, students will be able to create anything from 3D characters like Steve, Kirby, Millennium Falcon and more. Transform simple shapes into amazingly imaginative structures. Each participant will print 2 small 3D pieces to take home to show off to family and friends!

**Resident Fee \$303 | Non-Resident Fee \$333 |
Course Code #25820**

Brand NEW Music Program for Families

Music Together® Mixed Ages

**Ages 4 - Family | St Paul's Church |
10:30 to 11:15 a.m. | Family: 8 months through
4 years | Course Code**

For over 35 years, the Music Together® program has been bringing children and parents together through music worldwide. Classes incorporate songs, rhymes, movement, and instrument play. Children will experience a wide range of musical experiences while building social and activity skills, and scaffolding school-readiness with other families and children. Music Learning Supports All Learning™. Accompanying program song resource book provided to 'Family Music book and digital access included.

**Cost: \$255 Resident Fee | \$285 Non-Resident |
Course Code**

**For more information on all of these programs take a look at this guide.
To register please go to Xplor....**



Preschool Programs



* Preschool Programs

Arts & Culture

Ballet: Pre-school

Path: Performing Arts | Level: Beginner

Your child will love this class as it teaches the fundamentals of ballet in a fun-filled encouraging and play-focused environment. Your child will learn warm-ups, choreography and proper cool down techniques. Ballet shoes required.

Age: 3 to 5 Years

Location: Ray Twinney Recreation Complex and Armitage Public School

Crafting Hour

Path: Visual Art and Design

Level: Beginner

Kids want to learn how to make do it yourself (DIY) crafts? Each week learn step-by-step projects with a design mind, ingenuity and your own creative capacity.

Age: 4 to 7 Years

Location: Magna Centre

Culinary Adventures

Path: Culinary Arts | Level: Beginner

A new approach to culinary skills acquisition, this program provides an opportunity for play, learning and experimentation in a fun-filled, play-based learning environment. Your child will be encouraged to fully engage their senses, learning about everything from pouring and mixing, to tasting, touching, food experimentation and food handling. Parent participation is required.

Age: 3 to 5 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Munchkins in the Kitchen

Path: Culinary Arts | Level: Beginner

A great way to introduce your child to the kitchen! Learn to prepare healthy foods; develop culinary vocabulary and skills. Explore culturally rich foods. Parent participation is required for this program.

Age: 3 to 5 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Munchkins in the Kitchen:

Baking Frenzy

Path: Culinary Arts | Level: Beginner

We will make a variety of delicious goodies using basic kitchen ingredients you may already have in your home! Parent participation required.

Age: 3 to 5 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Munchkins in the Kitchen:

Let's Get Baking

Path: Culinary Arts | Level: Beginner

A great way to introduce your child to the kitchen. In this hands on session they will get messy while learning new skills, and creating delicious treats to bring home. This program requires parent participation.

Age: 3 to 5 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Click here to view full program information and register online

 Parent Participation Required

Program Index

Munchkins in the Kitchen for the Love of Baking

Path: Culinary Arts | Level: Beginner

Baking with little ones is one of the easiest ways to get them started on their culinary adventure and excited about cooking. From measuring ingredients and cracking eggs, to greasing bread pans and decorating cupcakes, we will get up to some fun-filled recipes with children in mind. Please plan on attending with your child.

Age: 3 to 5 Years

Location: Recreation Youth Centre and TelMAX Indoor Skatepark

Music Together® Mixed Ages

Path: Performing Arts

Level: Beginner

For over 35 years, the Music Together® program has been bringing children and parents together through music worldwide. Classes incorporate songs, rhymes, movement, and instrument play. Children will experience a wide range of musical experiences while building social and activity skills, and scaffolding school-readiness with other families and children. Music Learning Supports All Learning™. Accompanying program song resource book provided to 'Family Music book and digital access included.

Age: 4+

Location: St Paul's Church

Musical Adventures Around the World

Path: Performing Arts

Level: Beginner

This program aims to foster creativity and creative expression, cultural awareness, and a love for music in children. Exploring music from various countries and cultures, this program will help your child to learn the language of world music, musical storytelling and will especially stimulate foundational musical connections in your child's brain in conjunction with voice, rhythm, musical crafts, sound creation and dance. This program will end with a mini performance for family.

Age: 4 to 6 Years

Location: Old Town Hall

 Parent Participation Required

NEW Nature Play

Path: Play and Exploration | Level: All

A parent and tot program immersing your child in the natural world; a feeling-at-oneness, their eyes sparkling with joy and discovery. Parents, grandparents or caregivers and their children will meet in their "classroom" without a room, at the trail's edge, dressed to learn; to get dirty, explore, touch, engage the senses, ask questions, find answers, assess risk and even make mistakes along the way. Please dress for the weather. This program is less structured and is play-based. Parent child participation is required. Please register child only.

Age: 2.5 to 5 Years

Location: Ken Sturgeon Park

Parent and Tot Art Creations

Path: Visual Arts | Level: All

Bring your baby and enjoy creative crafts and social time. Designed for the new parent and infant.

Age: 18 months to 42 months

Location: Ray Twinney Recreation Complex

Parent and Tot - Music and Dance

Path: Performing Arts | Level: Beginner

Introduce your child into the social atmosphere in our welcoming class where we can create music with our instruments, dance and explore.

Age: 2 to 4 Years

Location: Ray Twinney Recreation Complex



**Click here to view full
program information
and register online**

Program Index



Click here to view full program information and register online



Young Engineers: Big Builders – Move

Path: Engineering | Level: Beginner

This unique enrichment program introduces pre-school aged children to scientific concepts through hands-on experiential learning. We hope that establishing this connection between knowledge and fun at such a young age will set our participants up for a lifetime of learning and creating. Big Builders will construct and experiment with 3D models using flexible, easy to assemble parts.

Age: 4 to 6 Years

Location: Ray Twinney Recreation Complex

Active

Toddler and Me Yoga

For toddlers, yoga is where it's at! Toddlers are natural yogis and they LOVE moving their bodies in ways that feel good. In our classes we use visual aids, sing yoga songs and support your child in their natural movement. These classes are done with both toddler and caregiver in mind, so as the present adult (especially for the littlest toddlers), be ready to participate in the class so the child sees you playing and gets the hang of what to do. Monkey see, monkey do! This class is intended for toddlers who are confident walkers until 3 years old.

Age: 16 + Years

(Registration for Adult - Child is Free)

Location: Ray Twinney Recreation Complex

Program Index

 Parent Participation Required

Family Yoga

These classes are for your entire family - no prior yoga experience required! We move, breathe, take journeys, and rest together to fun themed classes. We'll often sing a song or two, and find lots of reasons to giggle and play together! Registration is per family. Kids are free with at least one registered adult. Though classes are open to all ages and abilities, we suggest your youngest family member be 2+ years old.

Age: 16+ Years (Registration is per family. Kids are free with at least one registered adult)

Location: Magna Centre

General

Kindergarten Kick Off

This exciting class is designed to assist with preparing preschoolers for school. This class will focus on teaching colours, numbers, letters, shapes and more through the use of crafts, games and circle time. Participation is without parents. Children must be toilet trained to participate. Please bring a reusable water bottle each session.

Age: 3.5 to 4 Years

Location: Ray Twinney Recreation Complex

Parent and Tot Preschool Drop In

This drop in program is for parents/guardians with children under the age of 4 to drop in and play with preschool equipment, and socialize in a fun, relaxed atmosphere.

Age: 4 Years and under

Location: Magna Centre and Ray Twinney Recreation Complex



Sports

Karate - Kids

Fitness, discipline and fun await at Kids Karate in partnership with Jitsu-Do Karate. This class will prepare young children for future karate classes and includes games, props and drills to help them with coordination and athleticism while learning valuable self-defence skills.

Comfortable clothing and running shoes are required.

Age: 4 to 6 Years

Location: Jitsu-Do Karate

Karate - Parent and Tot

This program, in partnership with Jitsu-Do Karate, gives parents and their little ones a chance to enjoy an activity together full of positivity, activity and fun. Body awareness, self-regulation and teamwork are stressed in our activities and children are given the chance to work with their parents or caregivers on skills that set them up for success in the years to come. No uniform is required for this class. Parent participation is required.

Age: 2 to 4 Years

Location: Jitsu-Do Karate

Program Index

 Parent Participation Required

Karate – Tots

In partnership with Jitsu-Do Karate, Tot Karate is a program for early learners that focuses on fitness, coordination and fun. It builds the foundation for group participation and builds confidence to try new things. This program fosters the development of gross motor skills through games and drills as well as builds attention span and independence. Comfortable clothing and bare feet are required.

Age: 3 to 4 Years

Location: Jitsu-Do Karate

Playball - Two Can Do!

In partnership with Playball, this program is a great introduction to gross motor and sport skills while providing a wide range of suitable activities which stimulate and improve locomotion, balance, body awareness, muscular development and fine motor skills. Parent participation is required.

Age: 2 Years

Location: Ray Twinney Recreation Complex, Crossland Public School



Click here to view full program information and register online



Playball - Ball Hockey

In partnership with Playball, this program is a great skill-building program where children of all abilities will develop the knowledge and skills needed to play hockey in a fun, safe and energetic indoor environment.

Age: 4 to 6 Years

Location: Maple Leaf Public School

Playball - Sport Coaching for Kids

In partnership with Playball, this program emphasizes the foundations and skills of popular sports including: baseball, basketball, hockey, soccer, tennis and volleyball. Playball is structured to teach competent and happy participation in a non-competitive, fun-filled environment.

Age: 3 to 4 and 5 to 6 Years

**Location: Crossland Public School,
Maple Leaf Public School**

Ray Twinney Recreation Complex



**Click here to view full
program information
and register online**

 Parent Participation Required

Skate - Learn to Skate

This fun, learn to ice skate program provides instruction in the early years of skating. The program teaches skating skills through simple instruction, music, games and toys. CSA approved hockey helmet must be worn, as well as gloves or mitts. Parents/Guardians are required to stay on site during the class.

Age: 3 to 5 Years

Location: Magna Centre

Skate - Semi-Private Learn to Skate

Semi-private lessons will allow your child to develop their ice skating ability in a smaller group environment with a professional certified skating coach during a 30-minute lesson. Group size will be 3:1 skater to coach ratio max. CSA approved hockey helmet must be worn, as well as warm clothes, gloves or mitts. Participants must provide their own skates. Parents are required to stay on site during the lesson and spectate from the stands.

Age: 3 to 5 Years

Location: Magna Centre

Program Index

Soccer Skills

This program offers young children an opportunity to get a head start on the soccer season. Instructors will teach the new soccer enthusiasts the basic skills and rules of the game, while promoting sportsmanship and fair play. Indoor running shoes and comfortable clothing required.

Age: 4 to 6 Years

Location: Crossland Public School and Maple Leaf Public School

Sportball Multi-Sport Indoor

In partnership with Sportball, this program introduces children to the concepts and skills involved in the 8 core sports (soccer, baseball, basketball, hockey, tennis, football, volleyball and golf) of the Sportball methodology. This program reinforces the benefits of teamwork and skill development rather than the importance of winning.

Age: 3 to 5 Years

Location: Crossland Public School

Sportball

Parent & Child/Multi-Sport Indoor

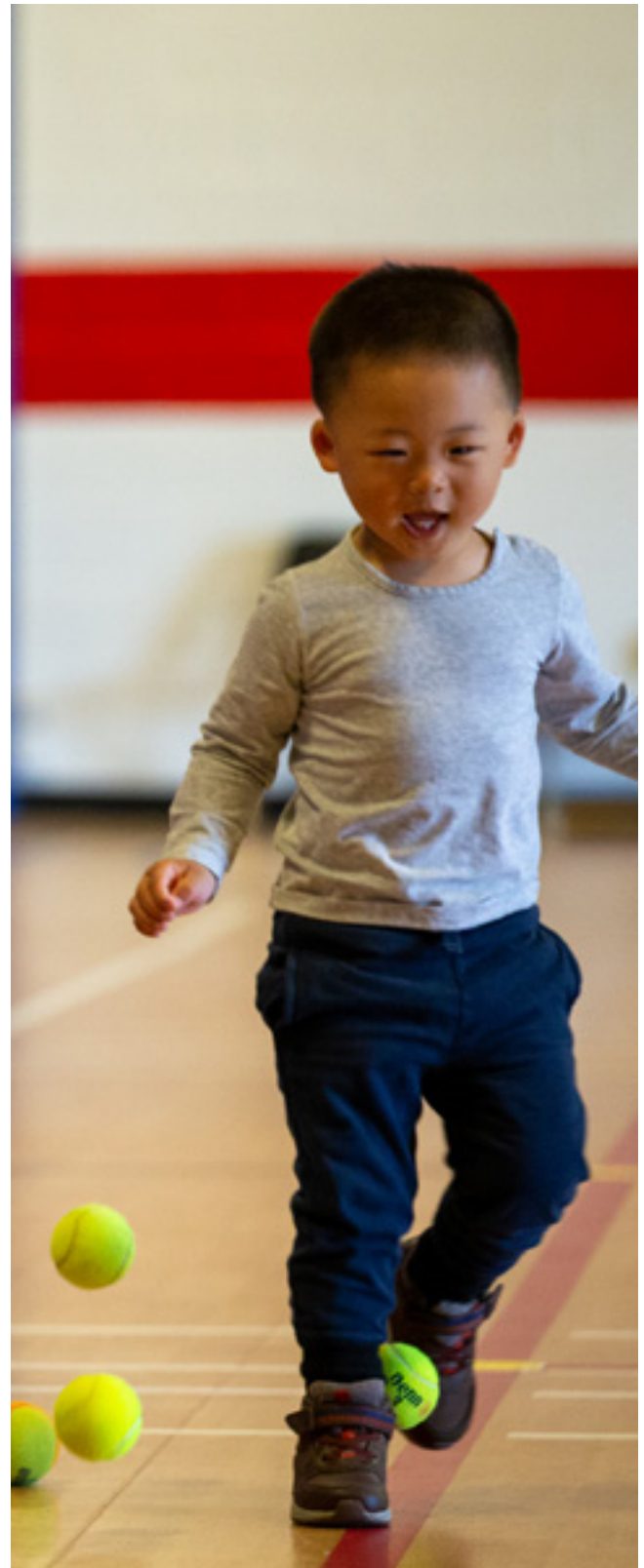
In partnership with Sportball, this Parent and Child programs teaches children introductory physical skills that builds confidence associated with our eight core sports (soccer, baseball, basketball, hockey, tennis, football, volleyball and golf). The program also helps adults understand proven teaching techniques that can be applied outside of the class.

Age: 2 to 3 Years

Location: Crossland Public School



Click here to view full program information and register online



Program Index

 Parent Participation Required



Children's Programs



* Childrens Programs

Arts & Culture

After School Crafts

Get crafty at the Recreation Youth Centre! This is a recreation program designed to give children the opportunity to socialize with peers and express their creativity in an upbeat learning environment! Participants will create a new craft to take home each week.

Age: 7 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Art Experiment Lab

Path: Visual Art / Science

Level: Beginner

Your child will be invited to explore art through a wide range of materials and focus on an 'experimental' and fun-filled approach.

Age: 7 to 11 Years

Location: Magna Centre

Ballet - Children

Path: Performing Arts

Level: Intermediate

Your child will love this class as it teaches the fundamentals of ballet in a fun-filled encouraging and play-focused environment. Your child will learn warm up, choreography and proper cool down techniques. Ballet shoes or slippers required.

Age: 5 to 8 Years

Location: Armitage Public School, Ray Twinney Recreation Complex

Crafting Hour

Path: Visual Art and Design

Level: Beginner

Kids want to learn how to make do it yourself (DIY) crafts? Each week learn step-by-step projects with a design mind, ingenuity and your own creative capacity.

Age: 4 to 7 Years and 6 to 9 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Hip Hop – Children

Path: Performing Arts

Level: Beginner

Hip Hop is an eclectic street style of dance that is great for upbeat and high energy dancers. In this fast-paced and fun-filled dance class, participants will develop their coordination, rhythm, strength and flexibility. This combination of a great cardio workout, funky choreography and energetic dance games is a fun way to exercise the mind and memory.

Age: 5 to 7 Years and 8 to 10 Years

Location: Maple Leaf Public School

Celebrate your party with us!

newmarket.ca/partypackages



Click here to view full program information and register online

Program Index



KGM - Computer Animation

Path: Computer Programming / Animation

Level: Beginner – Intermediate

Introducing the easiest animation program, designed to have your drawings up and moving in minutes! This program is designed to encourage the artist in everyone by using simple to-use tools, engaging design with multiple levels, combined with the 12 principles of animation. You will create animations with confidence while enjoying a fun and rewarding experience.

Age: 6 to 12 Years

Location: Magna Centre

Kids in the Kitchen: Breakfast Bliss Supper Club

Path: Culinary Arts

Level: Beginner - Intermediate

In this course we will meet to make delicious recipes! This class is designed for fun with hands on learning cooking experiences. Make delicious breakfast fare. Eat in or take home, with all ingredients and guidance provided. All skills levels welcome.

Age: 7 to 13 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark



**Click here to view full
program information
and register online**

Kids in the Kitchen: For the Love of Baking

Path: Culinary Arts | Level: beginner

Baking with children is one of the easiest ways to get them started on their culinary adventure and excited about cooking. From measuring ingredients and cracking eggs, to greasing bread pans and decorating cupcakes, we will get up to some fun-filled recipes with children in mind.

Age: 6 to 9 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Kids in the Kitchen

Path: Culinary Arts

Level: Beginner

Your child will enjoy hands-on cooking & baking experience from scratch. They will create delicious recipes that will encourage them to develop their palate.

Age: 5 to 9 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Kids in the Kitchen - Bake it Up

Path: Culinary Arts

Level: Beginner

In this hands on session your kids will learn to read a recipe, measure ingredients and create delicious treats to bring home.

Age: 6 to 10 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Program Index

Modelling Clay Creations – Create with Clay

Path: Sculpture

Level: Beginner / Intermediate

Children will enjoy the experience of handling modelling clay to learn about shape and form while making use of their imaginative side to bring to life their clay creations. This program encourages self-expression, exploring boundaries through the art of clay.

Age: 6 to 9 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Origami for Beginners

Path: Visual Arts / Mixed Media Arts

Level: Beginner - Intermediate

Turn Origami into artistic expression. This program will teach the traditional art of paper folding while developing mindfulness and patience with a guided 'possibilities' approach geared for children.

Age: 6 to 10 Years

Location: Magna Centre

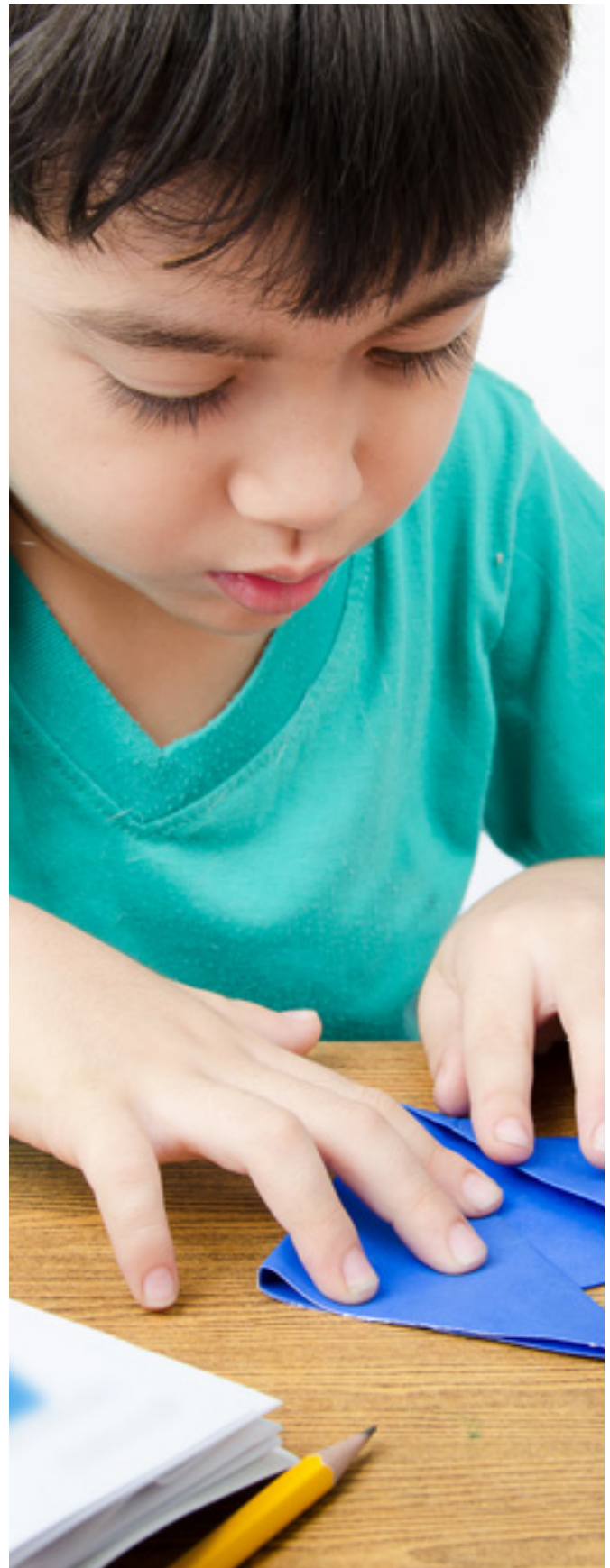
**Celebrate your
party with us!**

newmarket.ca/partypackages



**Click here to view full
program information
and register online**

Program Index



Robothink: Engineering Race Car

Path: Engineering

Level: Beginner

Start your engines and get ready for RoboThink's Engineer Race Cars program! Your child will not only build and race a variety of cool race cars but also learn about the intricate parts of a car like transmission, pistons, and differentials. No prior experience necessary – just be ready to zoom into some high-octane fun! Rev up your passion for automotive engineering, construct high-speed race cars, and explore the mechanics of speed, precision, and aerodynamics.

Age: 5 to 14 Years

Location: Recreation Youth Centre & telMAX Indoor Skate Park

Siblings in the Kitchen – Supper Club

Path: Culinary Arts

Level: Beginner - Intermediate

In this course we will meet to make delicious recipes! This class is designed for fun with hands on learning cooking experiences. Team up with your sibling or friend. Eat in or take home, with all ingredients and guidance provided. All skills levels welcome.

Age: 7 to 13 Years

Location: Youth Centre and Sk8park



Click here to view full program information and register online

Program Index

Siblings in the Kitchen: Baking Club

Path: Culinary Arts

Level: Beginner - Intermediate

In this course we will meet to make delicious and simple baking recipes! This class is designed for fun with hands on learning cooking experiences. Team up with your sibling or friend. Eat in or take home, with all ingredients and guidance provided. All skills levels welcome.

Age: 7 to 13 Years

Location: Recreation Youth Centre & telMAX Indoor Skate Park

Young Engineers:

Bricks Challenge - Rides and Robots

Path: Engineering

Level: Beginner

This program's lessons start with a brief demonstration that is immediately followed by building Young Engineers models. Each lesson inspires students to create, build and learn through a fun and entertaining experience. Participants build motorized models using our building blocks sets exclusively designed by Young Engineers' Research and Development team.

Age: 6 to 9 Years

Location: Ray Twinney Recreation Complex

Ukrainian Rhythms and Rhymes: A Cross-Cultural Musical Adventure

Path: Performing Arts

Level: Beginner

Embark on a delightful 6-week musical expedition that brings the captivating world of Ukrainian culture and music right to the hearts of Canadian children providing an engaging children's music project designed to foster cross-cultural connections through music, dance, and storytelling. Through interactive sessions filled with joyful singing, dancing, and creativity, young participants will explore the beauty of Ukrainian traditions.

Age: 5 to 8 Years

Location: Old Town Hall



Fitness & Wellness

After School Dance & Fitness

Come dance with us! Participants will get fit with an upbeat warm up, new dance steps across the floor, a short routine, and freestyle exercises each week. This is recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre & telMAX Indoor Skate Park

Kids Yoga

These classes are inspiring, creative and your child will learn a ton through our unique themes! Some of our all-time favourites have been Extinct Animal Yoga, Climate Change Yoga, and many more! We encourage movement and relaxation through story-telling and yoga journeys, where children will learn yoga poses and breath practices through play, exploration, and connection to themselves, others, and the environment.

Age: 4 to 8 Years

Location: Magna Centre



Click here to view full program information and register online

Sports

After School Ball Hockey

Fast action play, weekly games and basic drills will provide a great opportunity for players to enjoy a game they love, along with other players and staff. This is recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

After School Basketball

Come play basketball with us! Learn the game of basketball in a fun and non-competitive setting. Players will learn basic skills and work as a team in a number of games each week. This is a recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

After School Dodgeball

Kings Court, Ultimate, Traditional, Jailbreak and Doctor Dodgeball will all be part of this afterschool program designed to give a great workout, improve coordination and encourage teamwork. This is recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Program Index



After School Soccer

Enjoy the sport of soccer with basic skill development focusing on dribbling, passing, and shooting. Come ready to work as a team! This is a recreational program where the focus is getting participants active!

Age: 7 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Badminton - Instructional

Learn to play the game of badminton in a fun, non-competitive and recreational setting. Through weekly instruction you will develop basic skills, meet new friends and have fun! This program is suitable for any level of player.

Age: 6 to 9 & 10 to 13 Years

Location: Magna Centre and Maple Leaf Public School

Basketball – Instructional

Kids will start with individual and group warm-ups and drills that work on all aspects of the game and finish with pick-up games that will highlight team play and sportsmanship.

Age: 7 to 9 and 10 to 13 Years

Location: Magna Centre and Crossland Public School

Fencing

En garde! Fencing is a challenging sport that emphasizes fitness of the body and quickness of the mind. All equipment and expert instruction will be provided.

Age: 10 to 12 and 13+ Years

Location: Magna Centre

Karate – Introduction

In partnership with Jitsu-Do Karate, this introduction class is a chance to take up a hobby that can end up as a lifestyle. Self defense, fitness and fun are the building blocks of martial arts and this class lets you experience them all.

Age: 6+ Years

Location: Jitsu-Do Karate

Pickleball-Learn to Play

In partnership with Elevation Athletics, players will learn pickleball basics and be able to play with confidence at the end of the session. Coaches will cover the fundamentals of serve, return and volley. Players must provide own paddles.

Age: 8 to 15 Years

Location: Denne Public School

Playball - Ball Hockey

In partnership with Playball, this program is a great skill-building program where children of all abilities will develop the knowledge and skills needed to play ball hockey in a fun, safe and energetic indoor environment.

Age: 4 to 6 and 7 to 9 Years

Location: Maple Leaf Public School



Click here to view full program information and register online

Program Index

Playball - Sport Coaching for Kids

In partnership with Playball, this program emphasizes the foundations and skills of popular sports including: baseball, basketball, hockey, soccer, tennis and volleyball. Playball is structured to teach competent and happy participation in a non-competitive, fun-filled environment.

Age: 5 to 6 and 7 to 9 Years

Location: Crossland Public School, Maple Leaf Public School and Ray Twinney Recreation Complex

Skate - Learn to Skate

This is a fun, learn to ice skate program. Certified skating instructors will provide instruction of basic skating skills for children in a group environment. Please note: CSA approved hockey helmets must be worn, as well as warm clothes, gloves or mitts. Parents/Guardians are required to stay on site during the class and spectate from the stands.

Age: 6 to 9 and 6 to 12

Location: Magna Centre

Soccer Skills

Designed to keep soccer skills fresh over the off-season or as an introduction for new players before the season arrives! Skills practiced include dribbling, shooting, passing, and positions. Please bring indoor running shoes and wear comfortable clothing.

Age: 7 to 10 Years

Location: Armitage Public School



Click here to view full program information and register online

Program Index





Sportball Multi-Sport/Indoor

In partnership with Sportball, this program introduces children to the concepts and skills involved in the 8 core sports (soccer, baseball, basketball, hockey, tennis, football, volleyball and golf) of the Sportball methodology. This program reinforces the benefits of teamwork and skill development rather than the importance of winning.

Age: 5 to 7 Years

Location: Crossland Public School

Volleyball – Instructional

Through weekly instruction you will develop basic skills to serve, set and bump. Work as a team and have a great time. Children with lots of energy will have fun during warm ups, scrimmages and instructional demonstrations.

Age: 8 to 10 and 11 to 13 Years

Location: Armitage Public School and Magna Centre

Volleyball – Learn to Train

In partnership with Caspian Sport Club, this program is aimed at improving athlete's skill sets, building fundamental movement and motor skills and introduces players to basic team play. Volleyball experience is required.

Age: 9 to 12 Years

Location: Magna Centre

Volleyball- Training to Train

In partnership with Caspian Sport Club, it is aimed to improve basic individual volleyball skills and tactics. The 6 vs. 6 game is introduced, creating the need to learn team systems and position specialization. Volleyball experience is required.

Age: 13 to 15 Years

Location: Magna Centre

Program Index



Click here to view full program information and register online



School Breaks and Camps



* School Breaks and Camps

PA Day Camps

No school? No problem! The Town of Newmarket Recreation & Culture has you covered. Join us for a day of filled with games, sports crafts, team challenges and more! Campers will have access to the telMAX Indoor Skate Park, and will require their own skateboard or scooter and skateboard helmet.

Friday, June 7

Age: 6 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Click here to view full program information and register online

Program Index



We can't wait to see you this summer!

**Summer Camp registration
is now open!**

visit newmarket.ca/camps



Recreation Youth Centre & telMAX Indoor Skate Park



Recreation Youth Centre & telMAX Indoor Skate Park

56 Charles Street. 905-953-5120

Welcome to the Recreation Youth Centre and telMAX Indoor Skate Park, also known as the RYC! This centre offers children and youth a safe place to hang out with friends and participate in as much or as little as they like. The RYC is proud to offer both drop-in and registered programs.

Drop-In With Us!

Games



Ping Pong
Pool
Air Hockey
Foosball
Nintendo Switch
Skee-Ball

Skate Park



Skateboard
Scooter
Rollerblading

Gym



Basketball
Volleyball
Ball Hockey
& much more!

Registered Programs

Whether you're interested in Skateboard or Scooter Lessons, Sport Programs, Art Programs or Leadership Courses, we've got you covered! All our registered program information can be found in the next few pages, and in the Youth Programs Section. For more information, please contact the Recreation Youth Centre & Skate Park at 905-953-5120 or youthcentre@newmarket.ca.

2024 Fees

Unlimited Access Skate Park & Gymnasium Drop Ins included in the RecPass Membership	
SESSION DROP-IN FEES	
Gym	\$1
Skate Park	\$5
Lobby Games	FREE
MULTI-PASSES	
Skate Park - 10 Passes	\$33
Gym	\$7

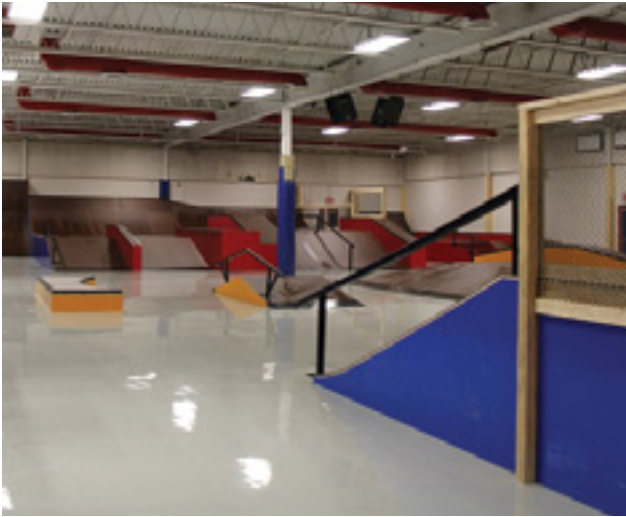
Skate Park Use - Equipment Required:

- Helmet (Skateboard, Scooter, Hockey with the cage/visor removed, or Ski/Snowboard). *Bike helmets are not permitted.
- Skateboard, Scooter or Rollerblades
- Close toed shoes

Recommended:

Padding (knee, elbow, etc.)
Mouth guard

newmarket.ca/youth



**You've asked.
We've answered.**

Do you offer private and semi-private skateboard or scooter lessons at the Recreation Youth Centre and telMAX Indoor Skate Park)?

Yes! The next page outlines our Skateboard and Scooter Lessons. Additional lesson times may be available based on Instructor availability. Call the RYC at 905-953-5300 ext. 2828 for additional availability.

Do you offer any leadership opportunities for Youth?

This Spring we are offering a variety of registered leadership programs and volunteer opportunities. Visit newmarket.ca/youth for more information.

Can I rent the RYC for my next event?

Yes! Please view our Party Packages at newmarket.ca/partypackages



Will children be supervised while visiting the RYC?

Yes! Our staff are trained to supervise our program areas, and in Standard First Aid & CPR-C.

Registered programs: Children will only be fully supervised during our registered recreation programs.

Drop-in sessions: Supervision is limited to the availability of staff. While visiting the RYC for a drop-in session, it is expected that a parent/guardian will remain on the premises to ensure appropriate supervision of those 9 years of age and younger.

Skateboard Lessons 101

Having trouble deciding which Skate lessons to start with?



Stance

Level: Beginner

Standing, pushing, balance and weight transferring will be taught in this level.



Kicks

Level: Beginner/Intermediate

Taking new learned skills from Stance and apply them to the ramps. Rolling up and back down, kick turns and pivots will also be taught.



Axels

Level: Intermediate

The more experienced rider level. More focus is on learning tricks on the ramps and being fully comfortable dropping in and riding all the obstacles.



Transfers

Level: Advanced

Transfers is for the advanced and avid skateboarder. Focusing on tricks mostly learning and working on the more street style skateboarding.

Scooter Lessons 101

Having trouble deciding which scooter lesson to start with?



Beginner

Introduction to scootering, riding, pushing and basic technique will be learned.



Intermediate

For the more experienced rider looking to take their skills to the next level.



Advanced

For the advanced rider looking to learn harder tricks and advanced ramp riding.

Remember skateboarding and scootering take time and patience, it's not a sport that can be rushed or forced. Enjoy the process and have fun!

* Skate Park Lessons



Scooter Lessons

Scooter Private Lessons

Private Scooter Lessons for any skill level. Level of instruction to be determined based on skill level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended. For additional information or additional timeslots please call 905-953-5300 ext. 2828

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Scooter Group Lessons - Beginner

A great introduction to the sport of freestyle scootering! Participants will learn proper stance, balance, park etiquette and safety while riding in our skate park setting. Introduction to the bunny hop and tailwhip will also be taught. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Click here to view full program information and register online



Scooter Group Lessons - Intermediate

Review and perfect the core elements taught in beginner, with more emphasis on learning tricks and techniques needed to develop existing skills. Participants will also be taught an introduction to ramps, rails and ledges, as well as airs and spins. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Scooter Group Lessons - Advanced

Advanced scooter lessons are for riders who are looking to become a bit more technical on their scooter and start learning difficult tricks. You will go over technical tricks such as manuals (balancing on one wheel) and riding fakie (rolling backwards on a scooter). Riders will also be taught combo tricks (mixed tricks) such as double tail whips, and 180 barspins. If you are in the advanced scooter class, your riding will become more stylish, clean and precise. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a scooter. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Program Index



Skateboard Lessons

Skateboard Private Lessons

Private Skateboard Lessons for any skill level. Level of instruction to be determined based on skill level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended. For additional information or additional timeslots please call 905-953-5300 ext. 2828.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Skateboard Lessons Level 1: Stance

This program is designed for those new to the sport. Participants will learn stance and balance on the board, develop proper techniques in pushing, push'n ride, push'n turn, tick tack, safety and park etiquette. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Skateboard Lessons Level 2: Kicks 1

Roll-Ins: Students continue to establish balance, proper pushing and basic skills with an introduction to roll-ins on low level (2 and 3 foot) flatbanks. Ongoing reinforcement of safety and park etiquette is emphasized. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Skateboard Lessons Level 3: Kicks 2

Drop-ins: Students capable of demonstrating the ability of balance and basic skills will learn drop in on 2 and 3 foot quarter pipes, ride fakie, reverts, move to 4 ft flatbank, roll in competency, learn ollie skills and skateboard care. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Skateboard Lessons Level 4: Axles 1

Axles 1 (Transitions): Students continue to develop skills of drop-in on quarters 4 and 5 feet., competency in kick turns, and proper pumping on transitions. They will continue to master ollie standing and ollie moving, speed pumping, manuals and also be introduced to grinds. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Click here to view full program information and register online

Program Index

Skateboard Lessons Level 5: Axles 2

Axles 2 (Stalls): Students continue to develop skills on flatbanks and learn a progression of stalls in the half pipe. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Skateboard Lessons Level 6:

Transfers 1, 2, 3, 4

(1) Students will work on ollies, FS & BS 180, kick flips, heel flips, Popshuvits, 50-50 and 5.0 on flatground. (2) Students will learn a new series of skills including mastering the Fakie of Flatground tricks. (3) Students will apply T2 tricks to obstacles. Maneuvers include ollieing out of a bank, FS & BS 180/ banks, Kickflips, Heelflips, Pop Shuvits to Fakie on Flatbanks. Leadership development will focus on: learning styles, creative practice sessions, role modeling and respect of others. (4) This level teaches the technical challenge of learning to skate switch - using your feet in opposite positions on the board. Participants will practice overcoming barriers, learn about improving performance, demonstrate versatility, and work on leadership. Participants will be contacted to confirm desired Transfer level. A skateboard helmet, multi-sport helmet or hockey helmet is required, in addition to a skateboard. Elbow, knee and wrist pads are recommended.

Age: 4+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Click here to view full program information and register online

Program Index

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newmarket.ca/partypackages



Youth Programs



* Youth Programs

Arts & Culture

Creative Doodling

Path: Visual Arts

Level: All

Learn to create a variety of simple to complex doodles or brain busters using different art materials and techniques. Perfect for filling your binder, journal cover pages and creative thought art creation.

Age: 9 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Hip Hop – Youth

Path: Performing Arts

Level: Beginner

Hip Hop is an eclectic street style of dance that is great for upbeat and high energy dancers. In this fast-paced and fun-filled dance class, participants will develop their coordination, rhythm, strength and flexibility. This combination of a great cardio workout, funky choreography and energetic dance games is a fun way to exercise the mind and memory.

Age: 11 to 13 Years

Location: Maple Leaf Public School

Introduction to Watercolour Painting

Path: Visual Art

Level: Beginner

This watercolour painting introductory course is perfect for teens. Our professional artist will guide you step-by-step. You will learn the foundations in materials, brush techniques, washes & glazing, colour mixing, and painting terms. Watercolour is flexible and can be done anywhere with limited supplies and space.

Age: 12 – 16 Years

Location: Ray Twinney Recreation Complex

KGM - 3D Modeling and Printing

Path: Computer Programming

Level: Beginner – Intermediate

Learn how to design and model 3D structures. By implementing an easy to use software, students will be able to create anything from 3D characters like Steve, Kirby, Millennium Falcon and more. Transform simple shapes into amazingly imaginative structures. Each participant will print 2 small 3D pieces to take home to show off to family and friends!

Age: 8 to 12 Years

Location: Magna Centre

KGM – VR Character Design

Path: Computer Programming

Level: Beginner

This course is for every child interested in 3D Character Design and Virtual Reality (VR)! Children will learn how to create industry level, high resolution and textured 3D characters from their favourite movies and videogames. These characters will later be added to their own personalized environments that can be used in animations, video games and seen with VR devices.

Ages 8 to 12 Years

Location: Ray Twinney Recreation Complex

Meditation and Stretch for Teens

Path: Self Discovery / Relaxation

Level: Beginner

Gentle stretching and stretch; Mindful meditation practice to encourage relaxation and awareness; Self-reflection through journaling and group discussion. Please be sure to bring a yoga mat.

Age: 9 to 12 Years

Location: Old Town Hall

Program Index



Click here to view full program information and register online



Newmarket Break Dance Sessions

Path: Performing Arts

Level: All

For beginners, this FREE Break Dance program will be taught progressively, emphasizing proper foundations to prevent injury and promote strong technique. You will learn basic steps, freezes, stops and transitions from standing to floor and back up again. History and philosophy are two major components of the class. For more advanced students, you will be given more complex combinations designed to challenge you to the fullest.

Age: 7 to 25 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark



**Click here to view full
program information
and register online**

Program Index

Teens in the Kitchen

Path: Culinary Arts

Level: Beginner - Intermediate

This class will allow students to cultivate their creativity and knowledge. Starting with the basics, we will review kitchen rules and safety protocols, read a recipe, and learn essential cooking skills and fun techniques. Bring a container and binder for recipes each week.

Age: 11 to 16 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Teens in the Kitchen: For the Love of Baking

Baking with teens is one of the easiest ways to get them started on a newfound culinary adventure and excited about cooking. From measuring ingredients and cracking eggs, to greasing bread pans and decorating cupcakes, we will get up to some fun-filled recipes with your teen in mind.

Age: 11 to 16 Years

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Warm and Cozy in the Kitchen for Teens

Path: Culinary Arts

Level: All

Get cozy in the class designed with youth in mind. We will create dishes from casserole and pies, soup to bread, pudding and more.

Age: 9 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



**Click here to view full
program information
and register online**

Young Engineers: Galileo Technic – Spin and Roll

Path: Computer Engineering

Level: Beginner - Intermediate

The Galileo Technic program investigates mechanical systems from a real engineer's point of view. The program focuses on finding solutions using teamwork in order to build complex machines. Children will explore the mechanical, mathematical and physical aspects of machinery and the logical process that goes into building them.

Age: 9 to 12 Years

Location: Ray Twinney Recreation Complex

Leadership

Own Your Vibe

Find yourself asking how do I choose a lifelong career path when I'm in school and have no idea what I want to do, or, how can I figure out my career path now that I've finished college or university? Own Your Vibe™ is a program to help you not only find your unique path but also manage the stress, doubt, and uncertainty that often comes with moving from being a young adult to an adult. Own Your Vibe explores insights discovered from your personality together with your physical, mental, and emotional elements to create a map that helps you gain clarity in your professional direction while staying focused, balanced, and confident to pursue networking and interview conversations. Be sure to bring your laptop, something to write with, and, most importantly, your sense of humour and an open mind ready to expand and map your future!

Ages: 16 to 25 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Program Index



Babysitting Training Course

The Babysitting Training Course (Canada Safety Council) is designed to help teach youth skills and strategies to become a successful babysitter. Topics include: caring for children from 3 months to school-aged, behaviour management, handling emergencies, caring for a sick or injured child, prevention & basic first aid. Participants must attend all sessions and establish a passing grade of 75 percent on the final examination in order to receive their certificate. The Canada Safety Council recommends that the Babysitter Training Course be supplemented with First Aid and CPR training.

Age: 12 to 16 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Counsellor in Training Course

Are you interested in preparing to become a successful camp counsellor? In this course you will learn program planning, games and resources, behaviour management strategies and more. Standard First Aid and CPR-C, as well as Safeguard certification included. This course includes a 8 week in class portion, plus a weekend for Standard First Aid and CPR-C (May 25/26 from 8:30 a.m. to 5 p.m.), followed by a volunteer placement, for successful candidates, at a Town of Newmarket March Break Camp. Safeguard will take place on May 15 from 5 to 8:30 p.m. Placements will be coordinated on site with the Program Instructor.

Age: 13 to 16 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Home Alone Program

The Home Alone Program (Canada Safety Council) is designed to provide children 10 years of age and older with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied.

Age: 10 to 12 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Inclusion CIT

Learn the basics of leadership training for inclusion programs such as: programming for individuals with disabilities, how to adapt sports and games to include everyone and developing personal support skills. This program will include classroom instruction and placements within inclusion programs. Placement minimum of 30 hours required for certificate. Additional hours can be signed as secondary school volunteer hours. Certificates will be presented upon successful completion. Attendance is required to all classes. A rewarding way to gain volunteer hours and experience and prepare for future employment!

Ages: 13+ Years

Location: Newmarket Community Centre & Lions Hall



Click here to view full program information and register online

Program Index



Leader in Training Course

Are you interested in building your leadership skills in a fun and positive environment? This course allows participants to develop their problem solving, communication and leadership skills through various activities and lessons. Topics such as bullying, inclusion and team building will also be covered. Following the four week course, successful participants will gain the opportunity to put their skills to the test during a Town of Newmarket children's program as a 1:1 buddy!

Age: 10 to 13 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Fitness & Wellness

Yoga for Tweens

These classes begin to look a little more like an adult class as we move away from the playfulness of yoga journeys, and hone in to support your child's development during this transitional time. Yoga gives them time to process, breathe, and step back from their daily lives. We explore topics like having a voice, community, self-love and confidence through a variety of styles of yoga such as restorative and flow.

Age: 9 to 12 Years

Location: Ray Twinney Recreation Complex



Click here to view full program information and register online

Program Index

Sports

Pickleball-Learn to Play

In partnership with Elevation Athletics, players will learn pickleball basics and be able to play with confidence at the end of the session. Coaches will cover the fundamentals of serve, return and volley. Players must provide own paddles.

Age: 8 to 15 Years

Location: Denne Public School

Skate - Teen Learn to Skate

This flexible teen program is designed for beginner ice skaters or those who skated as a child and want to brush up on their skills. A certified coach will assist you to become a confident skater. Parents/Guardians are required to stay on site during the class.

Age: 13 to 17 Years

Location: Magna Centre

Volleyball- Training to Train

In partnership with Caspian Sport Club, it is aimed to improve basic individual volleyball skills and tactics. The 6 vs. 6 game is introduced, creating the need to learn team systems and position specialization. Volleyball experience is required.

Age: 13 to 15 Years

Location: Magna Centre

Celebrate your party with us!

newmarket.ca/partypackages





Inclusion Programs and Support Services



Inclusion Programs and Support Services Information

The Town of Newmarket is committed to offering high quality accessible and inclusive recreation and leisure program opportunities for persons of all ages with disabilities. Our goal is to support individual progress and interests through meaningful recreation opportunities. Various levels of support are available through integrated and specialized adapted programs.

The Town of Newmarket is dedicated to ensuring all individuals have a successful recreation experience. Programs listed in this section of the guide are designed specifically with smaller staff to participant ratios, modified programming, specialized equipment, and smaller group settings.

At times, participants may require more support than our program ratios are able to provide. In these cases, we strongly recommend consulting with us about our support options. In order to determine the correct level of support or program fit for the participant, email inclusion@newmarket.ca.

Is additional support required?

1:1 support is required to participate in programs when the individual:

Requires additional support to complete basic needs (dressing, toileting or feeding)

Extra Support is required at school

Does not understand danger

Has a safety plan with their educational institution

Has a tendency to exhibit behaviours to be managed (ie. biting, scratching, pinching, eloping, aggression, self-harm etc.)

Requires support for communication, mobility, comprehension or socialization

Who can provide additional program support?

Additional support can be provided by a caregiver, private support worker, family friend or a volunteer. Independent volunteers, caregivers and support staff are required to provide a Vulnerable Sector Screening, an External Worker or Volunteer registration form. The Support worker is required to participate in all activities as a positive role model for participants and adhere to the Town of Newmarket Policies and Procedures. Town of Newmarket Inclusion Facilitators are available upon request.

What is an Inclusion Facilitator?

Inclusion Facilitators are trained Town staff who will attend the program with the participant and may assist with basic personal care, behaviour management, and encouraging program participation through appropriate program adaptations. Newmarket Inclusion Facilitators do not provide medical interventions, supports or therapy (ie. injections, g-tube feeding, etc).

Please note: There may be times when Town staff may suggest that an individual be paired with a support person for concern of safety, or to assist in program engagement and group participation for an overall enhanced group experience.

To Arrange for 1:1 Support

Contact **inclusion@newmarket.ca** or **905-953-5300 ext. 2821** at least 2 weeks before the program begins to discuss program selection and support options. For **swim lessons**, contact **905-953-5300 ext 2711** or email **swimming@newmarket.ca**

Complete an **All About Me** information package available online or at a Customer Service Kiosk and email to inclusion@newmarket.ca. IEP and School safety plans are required for camp and full day programs to assist staff with support.

Please note: Recreation staff and Inclusion Facilitators will make every effort to facilitate programming and accommodations; however, the health and safety of participants and staff are paramount. Should behaviours occur that present potential harm to self, others or property, the participant may be denied access to the program.

Accessible equipment and assistive devices

Accessible equipment and assistive devices are available in programs, at facilities and in parks.

Please direct inquiries to inclusion@newmarket.ca or 905-953-5300 ext 2821

Adapted Swim Lessons

Adapted Swim Lessons are available to patrons of all ages with disabilities who are looking to experience the benefits of aquatics. Rather than following typical aquatic curriculum, these private lessons will aim to strengthen individualized goals of the participant. Adapted Swim Lessons are intended for:

- Individuals with a physical disability who require modified direction and instruction
- Participants with a disability who would benefit from more direct and broken down instruction
- Participants with a disability or additional need who do not benefit from a group-style lesson

Wondering if Adapted Swim Lessons are the right fit? Email **inclusion@newmarket.ca** for more information and to help determine if this is the right program for you/your child.

If you require assistance with registration or are looking to connect with the aquatic team, please email swimming@newmarket.ca or call **905-953-5300 ext. 2711**.



newmarket.ca/inclusion

* Inclusion Programs and Support Services

Adapted Programs

Teen Connect

Come out to participate in a social time for teens with disabilities! This program will have a focus on building friendships and working on social skills in a friendly and supported environment. Participants will enjoy a variety of art & craft projects, simple snack making, music, and sport activities in a sensory aware and supported environment.

Age: 13 to 19 Years

Location: Newmarket Community Centre & Lions Hall

Skate For All

This intro to skating program is specifically designed for skaters with disabilities. Participants will be introduced to skating through a variety of skills, drills, and on-ice games. Whether it is their first time on the ice, or they are hoping to continue building their on-ice skills, this small class size will provide a fun and adapted learning experience for all! Participants are required to provide their own CSA approved helmet and ice skates.

Age: 5 to 17 Years

Location: Magna Centre



Click here to view full program information and register online

Youth Fit

This adapted program focuses on the development of fine and gross motor skills and cooperation through a variety of sports and active games in the Youth Centre Gymnasium. Each participant will partake in meaningful activities that focus on inclusive fitness, safety, and fun in an interactive and adapted environment.

Age: 13 to 20 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Fun in the Kitchen

Come chef it up at Fun in the Kitchen! Participants will enjoy making snacks in a small group setting, while covering topics such as communication, taking turns, safety and safe food handling practises. Adult caregiver supervision and participation is encouraged in this class!

Age: 7 to 14 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Dance Without Borders - Teens

Come move and groove with us! This program is designed to give teens, with support volunteers, the opportunity to socialize with peers, gain confidence, and learn new dance skills. An upbeat warmup and hip-hop steps across the floor will keep participants active, while freestyle exercises will foster self-expression and creativity.

Age: 12 to 21 Years

Location: Newmarket Community Centre & Lions Hall

Program Index



Fit for All

Come out to participate in this weekly adapted fitness drop-in specifically designed for beginner adults with disabilities wanting to have fun while working out. Participants will enjoy a diverse and fun filled high energy class with the objective of supporting a great fitness level and feeling good! This class will focus on maintaining your range of motion and just simply having fun alongside peers. Movements are done sitting or standing, with or without the support of a chair.

Individuals are invited to participate regardless of their physical limitations or previous experience.

Age: 19+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Hobby & Craft Hub

Explore a variety of arts and craft projects, while enjoying social time with peers! This program is designed for adults with disabilities, and will be guided to accommodate varying skill levels.

Age: 21+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Click here to view full program information and register online

Lunchtime Cafe

Prepare and enjoy a scrumptious balanced lunch in a fun atmosphere meeting friends. Learn new cooking skills, kitchen safety and take home a recipe book at the end of the class. Considerations for dietary accommodations and allergies will be included.

Age: 21+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

The BASE Day Program

Adults with developmental disabilities or mental health needs will enjoy a variety of activities, including: physical fitness, music, games, arts & crafts, and science discovery. This program offers center-based activity choices to allow flexibility and opportunities to focus on personal interests and development. Promotion of positive social interaction and communication development will be promoted through daily group activities. Registration is monthly, and fee is based on a 1:3 ratio. Please inquire about additional individual support as required.

Age: 21+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park (Mon, Wed, Thurs, Fri) or Magna Centre (Tues)

Program Index



Lunchtime Bakery

Muffins, brownies, and pies – oh my! Learn how to make a variety of baked goods while getting the chance to make new friends, learn new baking techniques and learn kitchen safety. Take home a recipe book and try your own creation at the end of each class! Considerations for dietary accommodations and allergies will be included.

Ages: 21+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park

Floral Design Workshop

Participants will enjoy preparing a floral arrangement and social time with friends during each 1 hour workshop. Arrangements will be varied according to a theme or season. Materials will be provided.

Ages: 21+ Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Click here to view full program information and register online

Program Index

Inclusion Karate

With focus on social skills, routines, and individualized goals, Inclusion Karate will teach gross and fine motor martial arts skills in a non-judgmental atmosphere with highly trained instructors. Heather is Jitsu-Do Karate's Inclusion Karate instructor and comes with over 20 years of experience working with special needs and behavioural children in social skills groups, behaviour therapy and school board settings and brings lots of enthusiasm, energy and care to all of her classes. One to one adult caregiver supervision is encouraged in this class.

Ages: 3 to 8 or 9 to 13 Years

Location: Jitsu-Do Karate

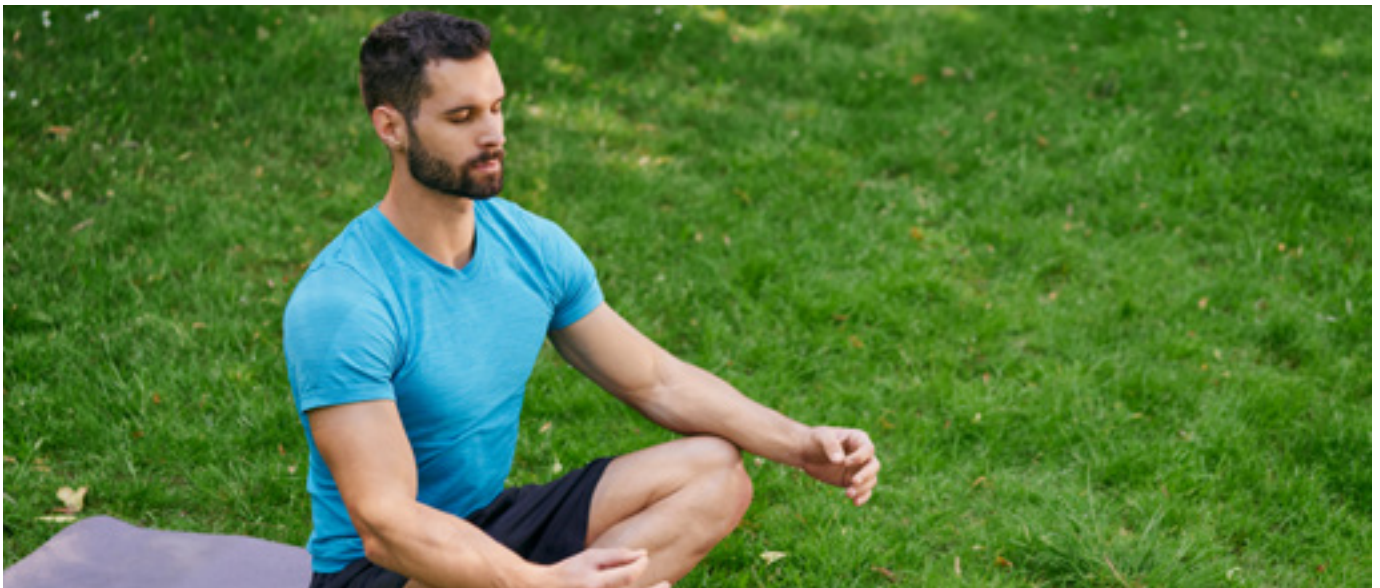
Social Dance

Join us for an evening social with music, dancing and fun for adults with disabilities & mental health needs every other Thursday at Newmarket Community Centre!

Email,
inclusion@newmarket.ca
for more information.



Adult Programs





* Adult Programs

Arts & Culture

Acrylic Painting

Path: Visual Arts

Level: Beginner - Intermediate

Explore a looser, impressionist style in this forgiving and easy-going medium. Ideal for beginner to intermediate artists, we will explore colour value and mixing, experiment with different approaches, brushwork and mediums. There will be demonstration, discussion, and individual support. Build visual harmony as you bring your reference subject to life.

Age: 18+

Location: Old Town Hall

Ballet – Beginner for Adults

Path: Performing Arts / Adult Discovery

Level: Beginner

Ballet enthusiasts and former dancers unite! An open level, beginner friendly, ballet program designed for adult dancers to reap the benefits of ballet through exercises to condition the body, creativity and to compliment short choreographies. Soft ballet shoes are recommended. Please wear comfortable clothing for movement and bring a water bottle.

Age: 18+ Years

Location: Old Town Hall

Celebrate your party with us!

newmarket.ca/partypackages



Adult Meditation and Stretch

Path: Relaxation / Self Exploration

Level: All

Gentle stretching and stretch; Mindful meditation practice to encourage relaxation and awareness; Self-reflection through journaling and group discussion. Please be sure to bring a yoga mat.

Age: 18+ Years

Location: Old Town Hall

Ballroom Latin Dance – Level 1

Path: Performing Arts / Adult Discovery

Level: Beginner - Intermediate

Experience both the elegant (Ballroom Standard) and the sensual (Ballroom Latin American) dances with your partner. You will learn a selection of dances from the Slow Waltz, Tango, Foxtrot, Rumba, Cha-Cha, Samba, Jive and Bachata. Good for boat cruises, tropical holidays, weddings and dance parties! Ideally register with a partner. This course is appropriate for both beginners and those wishing to refresh their skills. Ideally register with a partner.

Age: 18+ Years

Location: Old Town Hall



Click here to view full program information and register online

Program Index

Couch to 5km

This running program will take you from sitting on the couch to being able to run 5 Km. You take part in 1 instructor-led run per week, and you will run 2 times additionally on your own through the week. You will receive an easy to follow running plan. No previous running experience is required.

Age: 16+ Years

Location: Magna Centre

Ballroom & Latin Dance for Singles

Path: Performing Arts / Adult Discovery

Level: Intermediate - Advanced

This course is ideal for those with previous dance experience or those who have enrolled in level 1 more than once. You will learn more advanced figures and footwork for a selection of dances from the Slow Waltz, Tango, Foxtrot, Rumba, Cha-Cha, Samba, Jive and Bachata. Good for boat cruises, tropical holidays, weddings and dance parties! Ideally register with a partner.

Age: 18+ Years

Location: Old Town Hall

Ballroom Latin Dance – Level 2

Path: Performing Arts / Adult Discovery

Level: Intermediate – Advanced

This course is ideal for those with previous dance experience or those who have enrolled in level 1 more than once. You will learn more advanced figures and footwork for a selection of dances from the Slow Waltz, Tango, Foxtrot, Rumba, Cha-Cha, Samba, Jive and Bachata. Good for boat cruises, tropical holidays, weddings and dance parties! Ideally register with a partner.

Age: 18+ Years

Location: Ray Twinney Recreation Complex



Click here to view full program information and register online

NEW Collective Improvisation

Path: Performing Arts

Level: All

Over this course, participants will learn to make spontaneous music and art with a diverse grouping. Listening and responding creatively will be the focus of our sessions. All ages and experiences are welcome to participate from teen to senior and from beginner to professional. You may attend with any instrument you like, including electronics or your voice. Come as you are, or as you'd like to be!

Age: 16+ Years

Location: Magna Centre

Find Your Voice – A Painting Course

Path: Visual Art

Level: Intermediate

Let your personal journey as a painter be the focus of this interesting course! An experienced artist-instructor will guide you to explore various painting techniques and ideas. You will develop a theme based on your interests. There will be many interesting conversations and a private showing of works at the end of the course.

Age: 18+ Years

Location: Old Town Hall

Hip Hop for Adults

Path: Performing Arts

Level: Beginner

Hip Hop is an eclectic street style of dance that is great for upbeat and high energy dancers. In this fast-paced and fun-filled dance class, participants will develop their coordination, rhythm, strength and flexibility. This combination of a great cardio workout, funky choreography and energetic dance games is a fun way to exercise the mind and memory.

Age: 18+ Years

Location: Maple Leaf Public School

Program Index



Learn to Journal: Adult

Path: Language Arts / Self Discovery

Level: Beginner

Learn to Journal - gratitude and affirmations - In this class we will embark on self gratitude challenges, as well as positive affirmations as we learn to fill a journal with a few basic techniques. This will get you started on your journey to journaling and adding some positive reflection time into your life.

Age 18+

Location: Ray Twinney Recreation Complex

Paint and Sip:

Calling all Singles – Under 40

Path: Visual Arts / Adult Social

Level: Beginner

Join us for an evening of creativity. Led by a professional artist, you will be guided in the completion of a finished and frameable work of art while you partake of an adult beverage. Meet other singles and get creative in our beautiful gallery space. All materials provided.

Age: 25 to 40 Years

Location: Old Town Hall

Transport Your Tastebuds to Italian Cooking

Path: Culinary Arts

Level: Beginner / Intermediate

Take your tastebuds on an international journey to the Italian peninsula and learn how to make everything from fresh pasta to traditional biscotti and tiramisu. Use the skills and recipes you learn here to prepare a multi-course elegant dinner party or a convenient weeknight meal for your family.

Age: 18+ Years

Location: Seniors Meeting Place

[Program Index](#)

Watercolour Beginner

Path: Visual Arts

Level: Beginner

Dive into the world of watercolour painting! This course is perfect for beginners. You'll learn different painting techniques through fun exercises and get one-on-one help from experienced artist. Discover how to create beautiful watercolour art, whether you're a new artist or just want a relaxing hobby. The course introduces you to everything you need to start: tools, techniques, and more. Your instructor will guide you step-by-step, giving you the confidence to bring your creative ideas to life. Supply list provided. Material costs are not included.

Age: 18+

Location: Old Town Hall

Wellness: Immersive Intuitive ART & Meditation

Path: Wellness / Self Discovery

Level: All

You're invited to explore the healing aspects of expressed art. Intuitive art combined with meditation is a potent way to bring about more self-awareness and insight. You do not have to be an artist. Being in community is a safe place that allows us to come into our own strength and authenticity. We can gain personal clarity, build resilience, inner fortitude, and move beyond what holds us back. Classes will include a combination of meditation, intuitive art, journaling, and more.

Age: 18+ Years

Location: Old Town Hall



Click here to view full program information and register online



Fitness & Wellness

Baby & Me Yoga

This class is an opportunity to not only move, breathe and connect with your baby, but others in your community in the same stage of life. We will move through gentle, strengthening poses and breath practices as we build more awareness of our own bodies and meet ourselves exactly where we need to be in our movement practice.

Age: 16+ Years

Location: Ray Twinney Recreation Complex



Click here to view full program information and register online

Toddler and Me Yoga

For toddlers, yoga is where it's at! Toddlers are natural yogis who LOVE moving their bodies in ways that feel good. In our classes, we use visual aids, sing yoga songs and support your child in their natural movement. These classes are done with both toddler and caregiver in mind, so as the present adult (especially for the littlest toddlers), be ready to participate in the class, so the child sees you playing and gets the hang of what to do. Monkey see, monkey do! This class is intended for toddlers who are confident walkers until 3 years old.

Age: 16+ Years

(Registration for Adult - Child is Free)

Location: Ray Twinney Recreation Complex

Program Index



HIIT Parent

You're a parent. You're up early, you're to bed late, and all the hours in between are filled with no 'me' time. That's why HIIT workouts are for you! High-intensity interval training is one of the most effective and efficient workouts you can do. This class is for all levels and for those who need to start somewhere. Come and work out with your baby and other parents in this fun-filled class.

Age: 16+ Years

Location: Magna Centre

Family Yoga

These classes are for your entire family - no prior yoga experience required! We move, breathe, take journeys, and rest together in fun-themed classes. We'll often sing a song or two, and find many reasons to giggle and play together! Registration is per family. Kids are free with at least one registered adult. Though classes are open to all ages and abilities, we suggest your youngest family member be 2+ years old.

Age: 16+ Years

(Registration is per family. Kids are free with at least one registered adult)

Location: Magna Centre

Prenatal Yoga

By practicing yoga during pregnancy, an expectant mother invites harmony into her body. Yoga helps release stress and maintain better health, enabling the mother to cope with the changes in her body calmly. The class is specifically designed to introduce yoga poses, theory and health precautions for mothers-to-be.

Age: 16+ Years

Location: Ray Twinney Recreation Complex

Mind & Body Wellness

Are you tired, feeling off balance and need to relax, rejuvenate and re-energize? Does your mind and body need a tune-up? Tune inwards to find your inner strength, inner peace and unblock your energy centres in a nurturing environment as we learn, share and practice mind, body wellness through movement, nutrition, Yoga, meditation and engage in conversation. Each of us is unique, so modifications are offered and encouraged!

Age: 16+ Years

Location: Ray Twinney Recreation Complex

[Program Index](#)



Click here to view full program information and register online



Mindful Meditation with Qi Gong

Mindful meditation, as used in stress reduction programs, focuses on cultivating awareness in four areas of our experience: Breath, Body, Feelings, and Thoughts. With regular practice, such mindfulness spreads into all areas of life. This program aims to guide the participants in mindful meditation practice to bring calmness, reduce stress, and expand these skills to daily life. Each session will offer guided meditation practice and some education about meditation. The sessions will include movement practices of Qi Gong to energize, ground, and calm the body and mind for optimal meditation practice.

Age: 16+ Years

Location: Magna Centre

[Program Index](#)

S.A.F.E for Women

S.A.F.E stands for Self-defence, Awareness, Fitness, & Empowerment. In partnership with Jitsu-Do Karate, this class welcomes women of all fitness levels looking for a way to connect with others, learn some self defence skills, and burn some calories in a friendly, non-judgmental atmosphere. Escape the stresses of your day with like-minded women who are looking to improve themselves physically without the pressure of a busy gym, or the isolation of working out at home.

Location: Jitsu-Do Karate



Click here to view full program information and register online



T.I.M.E. Exercise Program

TIME is an exercise program tailored to people with neurological conditions such as Stroke, Acquired Brain Injury (ABI), Parkinson's Disease, Multiple Sclerosis or have challenges with balance and coordination. This exercise program involves moving through circuit stations devised by Toronto Rehabilitation Institute physiotherapists and led by fitness instructors. The focus is on improving balance and coordination abilities. Participants are required to walk independently for 10m with or without a walking aid. The 60-minute class incorporates a warm-up, circuit stations and ends with a cool-down. The ratio of participants to staff is 1:4 & can increase to 1:6 when the participants improve their fitness levels. This is a therapeutic program.

Age: 16+ Years

Location: Magna Centre

Sports

Basketball - Co-Ed Recreational

A recreational program that will help you practice your shooting, dribbling, and passing skills during a shoot around warm-up and scrimmages.

Age: 18+ Years

Location: Magna Centre



Click here to view full program information and register online

Fencing - Beginner and Advanced

Fencing is a challenging sport that emphasizes fitness and quickness of mind. All equipment and instruction will be provided. Those new to this sport need to register in the beginner level and progress through to intermediate and advanced.

Age: 18+ Years

Location: Magna Centre

Pickleball-Beginner League

In partnership with Elevation Athletics, this weekly pickleball league is a developmental doubles league where each player does not need to have a registered partner. Players will be assigned to matches competing for individual points and league ranking. Limited experience required, this league is for players that may be new to Pickleball. Players must provide their own paddles.

Age: 16 + Years

Location: Denne Public School

Pickleball-Learn to Play

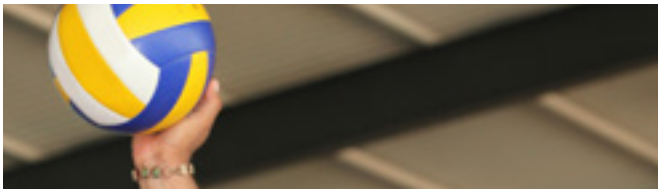
In partnership with Elevation Athletics, players will learn pickleball basics and be able to play with confidence at the end of the session. All players will be assessed based on the Canadian Pickleball Player Skills Rating system on the last day. Players must provide their own paddles.

Age: 16+ Years

Location: Denne Public School

Program Index

 Parent Participation Required



Pickleball-Intermediate League

In partnership with Elevation Athletics, this weekly pickleball league is a developmental doubles league where each player does not need to have a registered partner. Players will be assigned to matches competing for individual points and league ranking. This league is for more experienced pickleball players. Players must provide their own paddles.

Age: 16+ Years

Location: Denne Public School

Skate - Adult/Senior Learn to Skate

This program is designed for beginner ice skaters or those who skated as a child and want to brush up on their skills. A Newmarket Skating Club coach will assist you to become a confident skater. Helmets are strongly recommended for new skaters.

Age: 18+ Years

Location: Magna Centre



Click here to view full program information and register online

Program Index



Volleyball - Co-ed – Recreational

Those interested in a recreational atmosphere will play games organized by an on-site instructor. General knowledge of rules required for safety of participants.

Age: 18+ Years

Location: Magna Centre and Armitage Public School

Volleyball - Co-ed Intermediate

This program is for the intermediate/advanced volleyball player who is more competitive. Spiking is permitted.

Age: 18+ Years

Location: Magna Centre

Leadership

Own Your Vibe

Find yourself asking how do I choose a lifelong career path when I'm in school and have no idea what I want to do, or, how can I figure out my career path now that I've finished college or university? Own Your Vibe™ is a program to help you not only find your unique path but also manage the stress, doubt, and uncertainty that often comes with moving from being a young adult to an adult. Own Your Vibe explores insights discovered from your personality together with your physical, mental, and emotional elements to create a map that helps you gain clarity in your professional direction while staying focused, balanced, and confident to pursue networking and interview conversations. Be sure to bring your laptop, something to write with, and, most importantly, your sense of humour and an open mind ready to expand and map your future!

Ages: 16 to 25 Years

Location: Recreation Youth Centre and telMAX Indoor Skate Park



Adults 55+ Programs



* Newmarket Seniors' Meeting Place

474 Davis Drive. 905-953-5325

Imagine...

- Participating in a wide variety of programs and activities
- Taking a class, seminar and learning a new skill
- Getting together with friends
- Taking a bus trip to an exciting destination and meeting new friends
- Attending exciting special events
- A place where you can volunteer and give back to the community
- All these opportunities at a low cost

The Newmarket Seniors' Meeting Place is the place to start! Join today!

The Newmarket Seniors' Meeting Place (NSMP) has almost 1000 members that are 55+ years, who actively participate daily in a wide variety of accessible recreational programs, drop-in activities, and social events to maintain a young mind, body and soul. NSMP features include:

- Activity/Meeting Rooms
- Kitchen
- Lounge
- Arts & Crafts Room
- Woodshop
- Games Room (Billiards, Darts, Table Top Shuffleboard)
- Outdoor Patio (sheltered with barbecue)
- Lending Library (books + puzzles)

Annual NSMP Membership Fees (including taxes):

Residents: \$39.55 | Non-Residents: \$62.15

Non-member guests will be permitted 3 visits to drop-in programs and areas, and then will be required to purchase a membership in order to continue to participate. Drop-in programs include Games Room, Wood Shop, Craft Room.

Membership Benefits:

- Lowest fees available for Registered Programs, Special Events, & Bus Trips
- Reduced hall rental fees
- Email Bulletins
- Access to over 30 weekly drop-in activities
- Ability to register at the same time as residents.

RecPass Membership (including taxes):

Adult 55+: \$36.73

Household: \$70.62

Non-residents: Add \$10/Month +HST

Receive unlimited access to Fitness & Wellness Programs at the NSMP and across the Town!

Membership includes free access to:

- Magna Fitness Centre: cardio, strength training, & free weights
- Group Fitness Classes
- Aqua Fitness Classes
- Tim Hortons Walking/Running Track
- Tim Hortons Gymnasium
- Drop-In Programs
- Public Swimming
- Public Skating
- NSMP Registered Fitness and Wellness Programs

Please call the NSMP for more information at 905-953-5325

* Special Events

Friday Night Social Dances

8 p.m. to 11 p.m.

Pre-Registration: Members \$10/

Non-Members \$11

Spring Dates:

April 5 Code: 24330

April 19 Code: 24331

May 3 Code: 24332

May 17 Code: 24333

June 7 Code: 24334

June 21 Code: 24335

Come enjoy a great night, featuring 2 dance floors (Line Dancing & Ballroom / Latin / Social), along with Coffee & Tea, Cash Bar, Theme Nights, and light refreshments.

Live Music Night - Tangent

Saturday, April 13

6:30 to 9 p.m.

Member \$25 / Non-Member \$30

Code: 24701

This Classic rock band from Aurora will cover songs from the 60's, 70's, 80's, and 90's. You're sure to enjoy the show, and very likely to sing along and dance to a great variety of party tunes. Don't miss out on what is sure to be a very fun evening. The event includes light refreshments. A cash bar will also be available.



Click here to view full program information and register online

Euchre Tournament

Saturday, April 20

1:00 to 4:00 p.m.

Fee: \$5 at the door, but you must pre-register.

Code: 26843

Doors will open at noon, and all players must be on site by 12:45 because the tournament starts at 1pm. No late players will be admitted. You must Pre-Register through the office to hold your spot. Refreshments will be available. \$5 will be taken at the door.

Woodshop Orientation

Thursday, April 11

12:30 to 1:30 p.m.

FREE, but you must pre-register

Registration Code: 29568

This orientation is required for any adults 55+ wishing to access our wood shop. It will cover Health & Safety and Guidelines for use.

Live Music Night – Soul Town

Saturday, May 11

6:30 to 9 p.m.

Member \$25 / Non-Member \$30

Code: 29569

Join us for an unforgettable evening featuring the greatest hits of Motown and Soul from the 60's, 70's and today. Enjoy classics by Smokey Robinson, The Supremes, Earth Wind and Fire, Etta James, The Jackson Five, Martha Reeves and more. Four dynamic singers with their powerful voices harmonizing and delivering pure sensational Motown and Soul music! Soul Town is guaranteed to take you back to a time when music was filled with 'soul', rhythm and joy. Come and dance and sing to your favourites all over again! Pre-registration is required. A cash bar is available. Tickets include entertainment, tea & coffee and light refreshments.

Program Index



Keynotes Concert

Sunday, May 12

2 p.m.

Keith Profit will be leading the 40 voice choir and guest artist(s), which are sure to provide you with a wonderful afternoon of music. Keynotes encourages young musicians in the Newmarket area to showcase their talents with us. Free, but a free will offering would be accepted.

Seniors Jeopardy Trivia Night

Friday, May 31

6:30 to 9:30 p.m.

Member \$10 / Non-Member \$11

Code: 29574

Will you be the next Jeopardy Champion? Try your hand at America's favourite quiz show! Come out for a night of fun with friends and test your knowledge in true Jeopardy fashion. Pizza is provided, and a cash bar is available. Register as a team (up to 4) or as an individual.

Live Music Night – The Pepper Shakers

Saturday, June 8

6:30 to 9 p.m.

Member \$25 / Non-Member \$30

Code: 29572

The Pepper Shakers are one of the premier 3-piece party bands in the Greater Toronto Area. Good time hits through the decades. Hank, George and Dom will take you on a musical ride of memories, for your listening, toe-tapping, and dancing pleasure.

Pride Parade Float

Saturday, June 15

There will be a seniors float in this year's York Region Pride Parade. Anyone who would be interested in walking with other members is invited to email seniors@newmarket.ca so that you can be kept up to date on details as they come together.



Click here to view full program information and register online

Program Index

* Bus Trips

Casino Rama

Casino Rama offers more than 1,800 slots on the gaming floor, from traditional reels and progressive jackpots to the latest in slot technology including video reels, transmissive screens, multi-denomination, video poker slots and electronic table games. Casino Rama offers all of your favourite table games. Try your hand at Baccarat, Blackjack, PaiGow and Roulette. They truly have it all!

Wednesday, May 8, 2024

9:30 a.m. to 5:30 p.m.

Enjoy a 5 hour visit to Casino Rama & receive a \$5.00 slot voucher

Inclusions: Return transportation via deluxe coach, \$5.00 slot voucher, & all taxes

Members: \$25.00 (includes HST) Non

Members: \$35.00 (includes HST)

Registration Code: 29178

My Fair Lady

This timeless classic has been dazzling audiences since its debut on Broadway in 1956. Based on the play Pygmalion by Bernard Shaw, it's the story of Eliza Doolittle, a cockney flower girl caught in the middle of a bet between Henry Higgins, a professor of phonetics and Colonel Pickering, a fellow linguist. With unforgettable songs such as "On the Street Where You Live," "I Could Have Danced All Night" and "Wouldn't It Be Lovely?" My Fair Lady is one of the most beloved musicals of all time – and now it's returning to The Shaw! Enjoy a delicious lunch at the Queenston Heights Restaurant. Meal selections made at the restaurant. Reserved orchestra seating at the Shaw Festival Theatre

Thursday, May 23

9:00 a.m. to 7 p.m.

Members: \$189.00 (includes HST)

Non Members: \$199.00 (includes HST)

Registration Code: 29179

Lake Rosseau Cruise

Come savour the flavour of Muskoka.

Established in 1992 in the heart of Ontario's scenic cottage country, the Gravenhurst Farmers' Market has become one of the region's most popular attractions. The market has numerous vendors selling a broad array of fresh Ontario produce, arts and crafts. Enjoy a delicious meal at The Oar Restaurant. After lunch we will travel to Port Carling to board the Lady Rosseau. Experience beautiful and majestic views on your 90 minute narrated cruise. You will experience the rich history and extraordinary world class cottage architecture. Our final stop is the Mariposa Market. Come savour the aroma of chelsea buns and Muskoka Berry pies hot out of the oven. Treat yourself to scratch recipe gingersnap cookies like grandma always made, humungous apple fritters, gooey sea salted butter tarts and eclairs positively stuffed with real whipped cream.

Wednesday, June 12

8:00 a.m. to 6:30 p.m.

Member: \$159.00 (includes HST)

Non Member: \$169.00 (includes HST)

Registration Code: 29180



Click here to view full program information and register online

Program Index

Journey to the Falls

Hornblower Niagara Cruises is a thrilling new way to experience Niagara Falls. An intimate tour that gets you as close as possible to the breathtaking flow of water, power and mist that is the magnificent Niagara Falls. Within the Niagara Great Gorge, you will journey past the American Falls, Bridal Veil Falls and into the very heart of the famous Horseshoe Falls. Hold onto your heart and keep your eyes wide open because you're in for the thrill of a lifetime! Lunch is at Elements on the Falls, just steps from the edge of the Horseshoe Falls. It's not a tag line, no one gets you closer to the thundering waters, literally. After lunch, we will visit the Niagara Botanical Gardens. Enjoy perennials, rhododendrons, azaleas, formal parterre garden, shade, herb and vegetable plantings, as well as their world-famous rose garden featuring over 2,400 roses.

Tuesday, July 9

8 a.m. to 6:30 p.m.

Member: \$159.00 (includes HST)

Non Member: \$169.00 (includes HST)

Registration Code: 29182

Fallsview Casino

Get dealt into the action at Fallsview Casino Resort! Built on a cliff overlooking the world-famous Horseshoe Falls, Fallsview Casino Resort is the largest and most elegant gaming resort facility in Canada. The crown jewel in Niagara's stunning array of wonders, Fallsview offers a world-class casino with over 3,500 slot machines, 130 Table Games such as Baccarat, Roulette, Craps and Blackjack. There's never a dull moment at Niagara Fallsview Casino Resort. \$35.00 in slot play, and all taxes.

Wednesday, August 14

9 a.m. to 6 p.m.

Members: \$50.00 (includes HST)

Non-Members: \$60.00 (includes HST)

Registration Code: 29183

Program Index

Wine Tasting in Niagara-on-the-Lake

Niagara-on-the-Lake is home to some of the oldest and most established wine producing vineyards in Canada. Their wineries have been growing and producing world-class wines from vinifera varietals for more than four decades. The efforts of pioneer winemakers in this region were instrumental in propelling Canada onto the world's wine stage and positioning Niagara-on-the-Lake as a premium wine growing region.

Thursday, September 12

8 a.m. to 6:30 p.m.

Members: \$159.00 (includes HST)

Non Members: \$169.00 (includes HST)

Registration Code: 29630

Georgian Bay Cruise

Cruise the Penetanguishene and Midland areas as well as the 30,000 Islands! Your 2 3/4 hour cruise will encircle Beausoleil Island, the largest island of Georgian Bay Islands National Park, and will include the Captain's live commentary, including points of interest, historic facts, and fascinating legends about the Georgian Bay and 30,000 Islands region. Rocky grandeur, endless beaches, and clear blue water all create a one-of-a-kind destination.

Wednesday, September 25

10 a.m to 6:30 p.m.

Member: \$169.00 (includes HST)

Non Member: \$179.00 (includes HST)

Registration Code: 29195



**Click here to view full
program information
and register online**

* Adults 55+ Programs



Arts & Culture

Abstract Clock On Round Wood Workshop

Artists will create a unique clock on round wood surface using vibrant alcohol ink. All materials are supplied, including the clock mechanism. The workshop is suitable for any skill level. Alcohol Ink can stain, so it is suggested you bring an apron. All supplies are included.

Wednesday June 19

1 to 5 p.m.

Member: \$40 + HST

Non-Member: \$50 + HST

Non-Resident / Non-Member: \$70 + HST

Code: 29770

Acrylic Fine Art – Beginner

You are sure to enjoy easy to use acrylics to create your very own masterpiece painting! You will be guided step by step in learning colour mixing, brush handling & the importance of values in completing several paintings. No Drawing skills required. Please pick up a list of supplies when you register.

Age: 55+

Location: Seniors' Meeting Place

Instructor: Cori

[Program Index](#)

Acrylic Fine Art - Advanced

This program is geared towards experienced acrylic artists that have taken both beginner & intermediate levels for a minimum of 3 years. A balance of teacher led group projects & freedom to create your painting from your own reference photos will help expand your creativity. Critiquing & demos will help you refine your skills. Materials not included. Be sure to pick up a supply list from the NSMP office or via email request.

Age: 55+

Location: Seniors' Meeting Place

Instructor: Cori

Acrylic Painting on Canvas - Moonlit Girl on Swing

Wednesday June 12

1 to 4 p.m.

Member: \$35 + HST

Non-Member: \$45 + HST

Non-Resident / Non-Member: \$65 + HST

Code: 29715

Let's paint a lovely serene landscape featuring a moonlit starry sky and ocean with a young girl on a swing gazing out. This is an acrylic on canvas painting and all supplies are included.



Click here to view full program information and register online

Drawing Portraits (Beginner)

Portraiture not only portrays a likeness, it describes the identity of its subject. Portrait artists make use expressive mark, exaggeration, narrative elements, and colour are used to describe who the subject is. Drawing Portraits teaches techniques to draw proportionate, expressive faces while exploring how the design of an image communicates its subjects' character. This is a dry media course open to all levels of skill and experience. Throughout, the class will work towards a final portrait of a subject of their choosing. Remember to pick up your supply list at the NSMP office.

Age: 55+

Location: Seniors' Meeting Place

Instructor: Luce

Experimental Acrylic Mixed Media - Beginner

This comprehensive program aims to prepare participants with a deeper understanding of materials and techniques essential for creating captivating acrylic and mixed media paintings. Through a curated series of demonstrations participant learn about creating composition, thinking out of box, skills in material handling, and colour theory. Critical advice and suggestions will be given individually while works are in progress.

Age: 55+

Location: Seniors' Meeting Place

Instructor: Mahtab

Expressive Textures in Mixed Media

Expressive Textures classes will explore water based media and is suitable for all levels. Bring an inquisitive nature and lets explore the highly textured unique opportunities these mediums offer. We will be working on canvas and you will need brushes, palette knives and more. Please pick up your supply list from front desk at NSMP.

Age: 55+

Location: Seniors' Meeting Place

Instructor: Jackie

Life Drawing (Beginner)

All sessions will start with half an hour of warm-up gesture drawing, leading to a main weekly topic, including an introduction to figure drawing (visual introduction, anatomy, proportion, and balance). Then students will learn about lever systems and shading techniques with dry, wet, and mixed media. We'll also investigate points of view, rules of perspective and composition. Remember to pick up your supply list from the NSMP office.

Age: 18+

Location: Seniors' Meeting Place

Instructor: Will

Watercolour Essentials for Beginners

Discover the captivating world of watercolour painting in this comprehensive beginner's course. Whether you're an aspiring artist looking to explore a new medium or a creative soul seeking a relaxing and expressive hobby, this course will provide you with the fundamental skills and techniques needed to create stunning watercolour artworks. Throughout this course, you'll be guided step-by-step by experienced watercolour artists, who will help you develop a solid foundation in this versatile and beautiful medium. From understanding the materials and tools required to mastering essential techniques, this course is designed to equip you with the knowledge and confidence to bring your artistic visions to life. Remember to pick up your supply list at the NSMP office

Age: 55+

Location: Seniors' Meeting Place

Instructor: Mahtab



Click here to view full program information and register online

Program Index



Watercolour (Intermediate)

This class offers a more in-depth experience in watercolour painting. Through demonstrations and experimentation we will explore different techniques and a variety of subjects including cityscapes/buildings, landscapes, still life and flowers. Enjoy the experience of this spontaneous, luminous medium while developing your own unique style of painting. Remember to pick up your supply list from the NSMP office.

Age: 55+

Location: Seniors' Meeting Place

Instructor: Fiona

Watercolour Portraits (Beginner & Intermediate)

A closer look at skin tone reveals a spectrum of hues; mastering the subtle changes in skin tone can bring life into any painting. Watercolour Portraits teaches techniques to draw proportionate, expressive faces and as well as how to mix skin tones in watercolour paint and colour pencil. This is a course open to all levels of skill and experience and expands on drawing and design principles taught in the Drawing Portraits course. Remember to pick up your supply list at the NSMP office.

Age: 55+

Location: Seniors' Meeting Place

Instructor: Luce



Click here to view full program information and register online

Fitness, Wellness, & Dance

BollyX® Low Intensity

A Bollywood-inspired dance-fitness program that combines dynamic choreography. A light cardio workout that includes a balance of upper and lower body movements with lower-intensity dance sequences to get you moving, sweating, and smiling.

Age: 55+

Location: Ray Twinney Recreation Complex

Cardio Dance Fusion Fitness

This type of fitness dance class is a low impact workout designed to promote overall flexibility, mobility, strengthening and toning techniques for the core and hips; It's all about getting a sweat on and having fun while moving around to the rhythms of various styles of music including latin dance, belly dance, and a variety of other genres throughout the world.

Age: 55+

Location: Seniors' Meeting Place

Cardio Kickboxing 55+

Low impact upper and lower body movements include air punches and kicking. Great for building cardio, strength, flexibility, balance and coordination. Strengthens lungs, increases muscle mass and joint movement. Running shoes and yoga mat required.

Age: 55+

Location: Ray Twinney Recreation Complex

Program Index



Fit & 55+

Enjoy an hour of exercise that includes aerobic activities designed to tone and stretch your muscles, increase your energy and promote a healthy lifestyle. Movements are done standing with a minimum of 20 min of cardio (low or high intensity easy to follow steps). There is a strength training component using weights followed by balance exercises, cool down and stretch. Bring a towel.

Age: 55+

Location: Recreation Youth Centre and telMAX Indoor Skatepark, Ray Twinney Complex, and Online Classroom

Fusion FIT 55+

Focus: Total Body Balance. Blend of cardio, strength and flexibility through various style of exercise such as dance, yoga and kickboxing and muscle conditioning. Each class would either be circuit training of 15 minutes on each style or two only (i.e. dance + yoga or kickboxing & yoga or muscle conditioning & dance etc.). Yoga mat required.

Age: 55+

Location: Ray Twinney Complex



Click here to view full program information and register online

Gentle Fitness

For those just starting out, returning to fitness from an injury/illness, or just looking to maintain a healthy lifestyle, this program is ideal for you. This class will focus on maintaining or increasing your range of motion, focusing on your shoulders and knees, but including all joints in the body! The goal is to keep your body moving well throughout your activities of daily living. Movements are done sitting or standing, with or without the support of a chair. Equipment Required: Chair, bands (or belt / towel), weights (or canned food / water bottles)

Age: 55+

Location: Online Classroom

Gentle Stretch & Tone

Stretching is an important part of a person's flexibility and will help participants remain active and independent. In this stretching class, learn how to safely increase range of motion and relieve tension. A variety of stretches will be offered for the whole body some standing, sitting on a chair or on a mat. Equipment Required A mat, water, and comfortable clothing.

Age: 55+

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Knee and Hip Fitness

Don't let achy knees stop you from exercising! In this class we will use gentle exercises to strengthen the muscles of the legs in order to support and protect the joints.

Age: 55+

Location: Seniors' Meeting Place

Program Index



Line Dancing – Absolute Beginner

A great starting point for those who wish to learn line dancing. Social dance steps will be taught to popular music in a relaxed atmosphere with an emphasis on fun filled exercise. This class is great for both men and women. New dancers should complete the “Absolute Beginner” session first to learn their basic steps.

Age: 55+

Location: Seniors’ Meeting Place

Line Dancing - Beginner

For those who have taken the Absolute Beginner program or have some past line dancing experience. Social dance steps will be taught to popular music in a relaxed atmosphere with an emphasis on fun filled exercise. This class is great for both men and women.

Age: 55+

Location: Seniors’ Meeting Place

Line Dancing - Improver

This program is designed for Line Dancers with previous experience or those who have graduated from the Beginner level, and who would like an additional challenge before they continue to a Progressive class.

Age: 55+

Location: Seniors’ Meeting Place

Line Dancing - Progressive

Step up to our fourth level of line dance fun! This welcoming class is for those who know the basic line dance steps and want a challenge. Sign up early as this class is very popular.

Age: 55+

Location: Seniors’ Meeting Place

Line Dancing - Intermediate

Students at this level are competent dancers who have completed the Progressive level. This class offers higher level intermediate dances with more twists and turns. It is a popular class with men and women 55+

Age: 55+

Location: Seniors’ Meeting Place

Low-impact Boot Camp

Don’t let the word “bootcamp” intimidate you, this fun fitness class will have you moving through different exercise stations to get a great workout. Led by an encouraging instructor, you’ll bounce between bodyweight exercises, cardio bursts, strength training moves, and more to break a sweat.

Whether you’re looking to increase your usual routine or try something new, this boot camp workout promises a challenge but not an extreme one.

Age: 55+

Location: Ray Twinney Recreation Complex



Click here to view full program information and register online

Program Index



Osteoporosis Exercise

We are pleased to provide this therapeutic exercise program for people with a diagnosis of osteoporosis or osteopenia. A physician's referral is recommended to indicate the participant is able to exercise. This hour-long fitness class focuses on stretching and posture, arm and leg strengthening, exercises as well as balance and co-ordination skills.

Age: 55+

Location: Seniors' Meeting Place

Pilates

Explore the fundamentals of pilates movements to develop core strength, align the spine and create better posture resulting in less aches and pains. This class incorporates a variety of props such as bands, balls, gliders and weights to add a variety of resistance and intensity.

Age: 55+

Location: Recreation Youth Centre and telMAX Indoor Skatepark

Qi Gong

CFQ Qigong is a gentle set of movements that reduce physical and mental stress and restores health and vitality to the body. CFQ Qigong is easily learned in a short period of time and is suitable for people who are unable to do vigorous physical exercise. An in person drop-in program is also available to NSMP members.

Age: 55+

Location: Online Classroom



Click here to view full program information and register online

Program Index

Strong & Stable

You may have heard that strengthening your core will improve balance, but did you know it has also been shown to increase coordination, agility, and endurance? This fun and effective class focuses on exercises for the core muscles of the torso (legs, abs, back, shoulders) combined with flexibility exercises for ease of movement and targeted balance activities to help you build a body that is strong, stable, and ready to meet the challenges of everyday life!

Age: 55+

Location: Seniors' Meeting Place

Strong Bones & Balance

This class focuses a lot on posture, balance, strengthening the back muscles and lower body to improve balance. By improving your balance you can prevent falls and continue to enjoy your activities of daily living! You will build and maintain bone density by using body weight, hand-held weights, balls and resistance bands. Feel stronger and walk taller.

Age: 55+

Location: Ray Twinney Complex, Senior's Meeting Place and Online Classroom

Sweatin to the Oldies

This cardio-based class is low impact and will increase your endurance while moving to the music of the '50s, '60s, '70s. This class includes a warm-up, a minimum of 30min of aerobic training, strength training, balance, and stretching. Bring water and a towel and be prepared to sweat!

Age: 55+

Location: Recreation Youth Centre and telMAX Indoor Skatepark & Ray Twinney Recreation Complex

Tai Chi (Yang Style)

Tai chi is an internal martial art that is often referred to as “moving meditation”. This low-impact exercise will improve posture alignment, balance and inner peace. In three months, you will learn a Yang style short form. In each class you will learn a new set of movements and detailed explanation of their meaning and how to execute each move. Gradually you will build the individual movements into a complete set of movements you can practice on your own anywhere.

Age: 55+

Location: Seniors' Meeting Place

Yoga - Hatha

Suitable for all levels, participants will work at their own personal limits to improve flexibility, muscle tone, balance, and circulation. Breathing and relaxation techniques are employed to show participants how to conserve energy and reduce stress. Yoga mat and comfortable clothing are required.

Age: 55+

Location: Seniors' Meeting Place, Ray Twinney Recreation Complex & Online Classroom

Yoga Flow

Mindful sequenced movements of easy yoga poses combined with breathwork to help improve strength, muscle tone, endurance, balance, stability, lower anxiety and manage stress both on and off the mat.

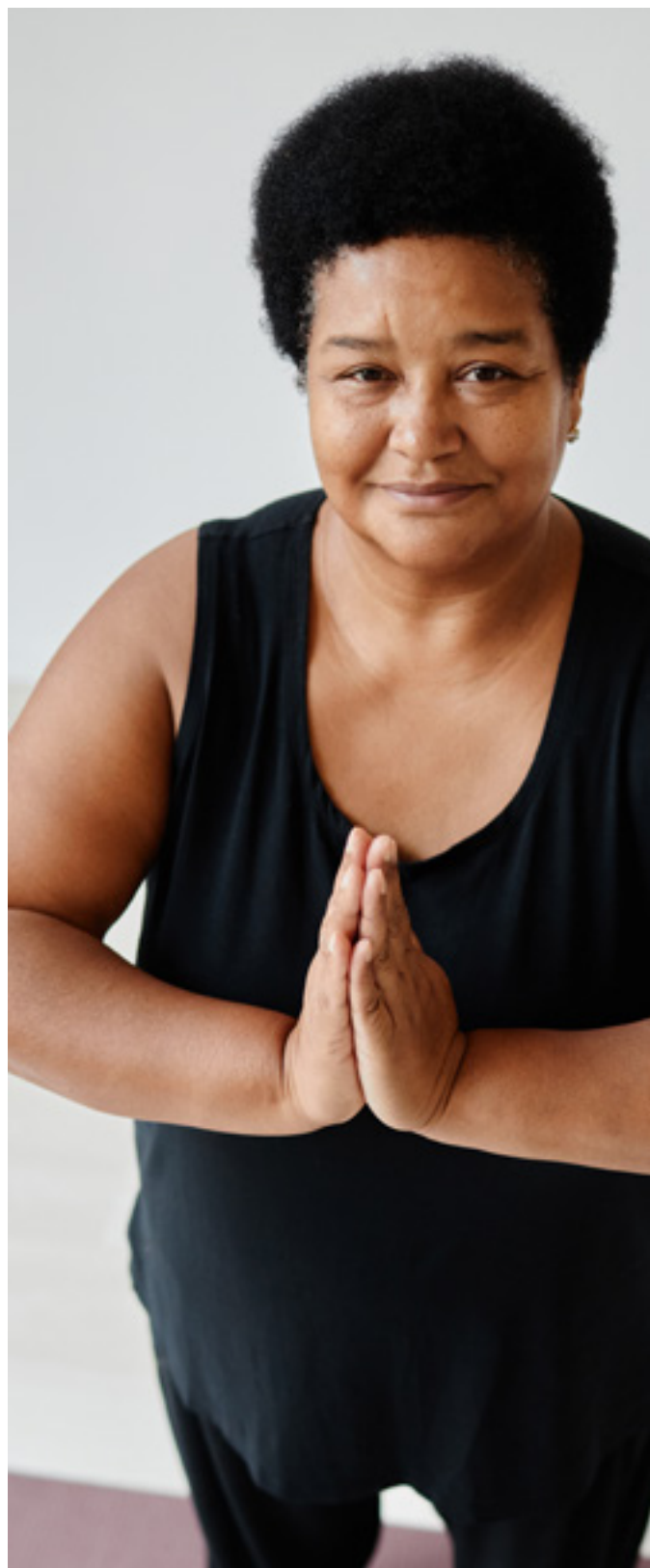
Yoga mat required.

Age: 55+

Location: Ray Twinney Recreation Complex



Click here to view full program information and register online



Program Index



Yoga - Seated

A gentle introduction to Yoga for anyone needing extra support. The class focuses on very simple, gentle stretching and strengthening of the body while the student is seated or standing by a chair for support. Breathing, relaxation and visualizations are integrated into every class.

Age: 55+

Location: Seniors' Meeting Place



Click here to view full program information and register online

Zumba, Zumba Gold & Zumba Toning

ZUMBA GOLD is a fitness class that's all about FUN! It offers active older adults a chance to experience the rhythms of Merengue, Salsa, Cha Cha, Cumbia, Belly Dance, Flamenco, Tango, and Rock & Roll, while getting fit and having the time of their life! This program is designed so everyone can do it! **ZUMBA**

TONING: Enjoy the same great workout with emphasis on toning your muscles. 1 pound weights will be used during the class. **ZUMBA** takes the 'work' out of workout, by mixing low and high intensity moves for an interval-style, calorie-burning dance fitness party. It covers all elements of fitness - cardio, muscle conditioning, balance and flexibility. Active clothing and running shoes are required.

Age: 55+

Location: Seniors' Meeting Place

Program Index



Swimming Programs



* Learn to Swim Progression Chart

3 to 36 months

Parent and Tot 1 

Parent and Tot 2 

Parent and Tot 3 

3 to 5 years

Preschool 1 

Preschool 2

Preschool 3

Preschool 4

Preschool 5

Preschool 6



Parent Participation
Required.

6 to 12 years

Swimmer 1



Swimmer 2



Swimmer 3



Swimmer 4



Swimmer 5



Swimmer 6



Swimmer 7



Swimmer 8

8 to 13 years

Rookie Patrol



Ranger Patrol



Star Patrol



Junior
Lifeguard
Club



Bronze Star

9 to 17 years

Youth 1



Youth 2



Youth 3



Youth
Swimfit

18+ years

Adult 1



Adult 2



Adult 3



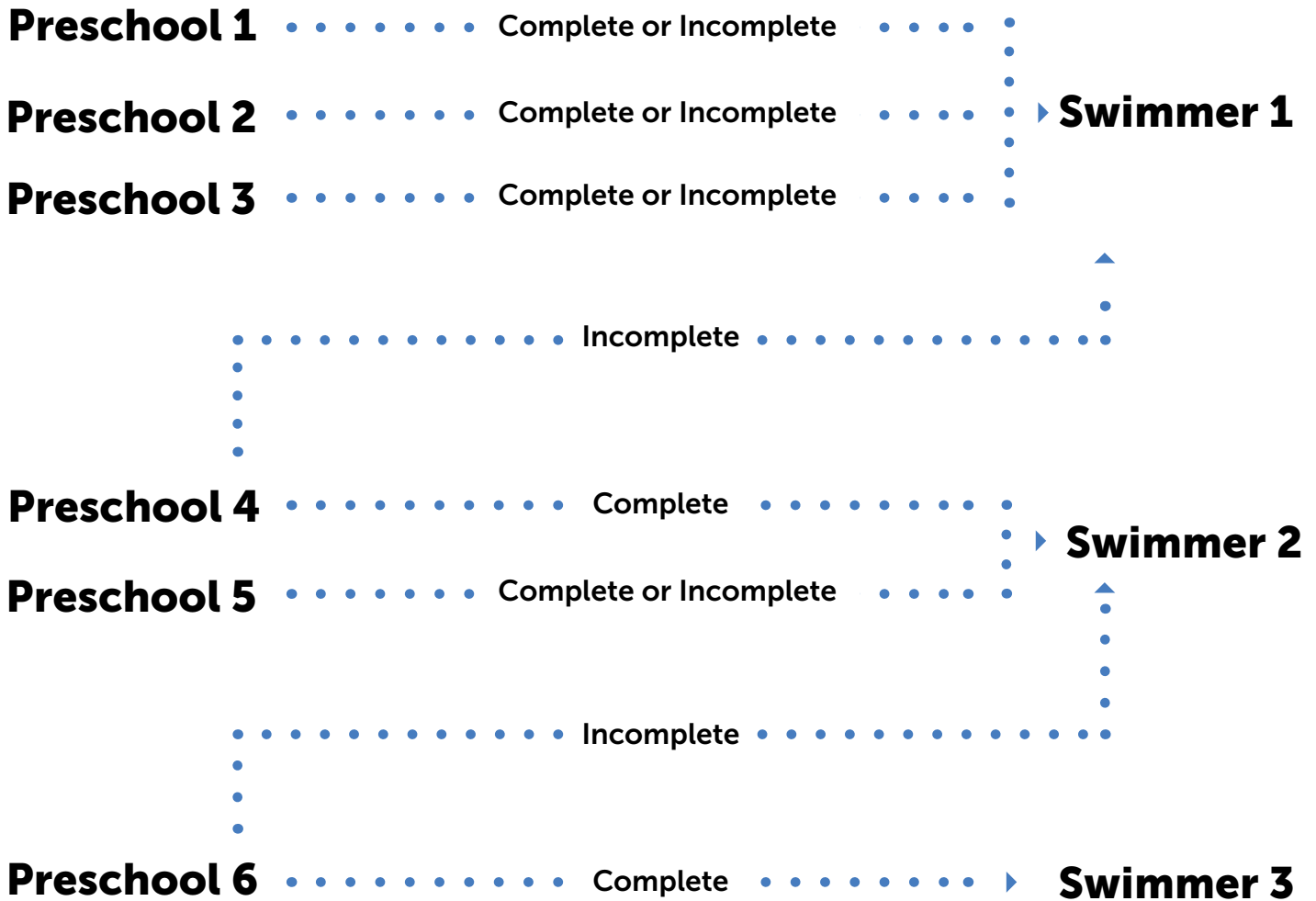
Adult
Swimfit



LIFESAVING SOCIETY®
The Lifeguarding Experts

* Lesson Conversion Chart

If the swimmer turned 6 years old, sign them up for...



* Swimming Information



Serious medical conditions

Those with serious medical conditions should be accompanied by an individual who is knowledgeable of their condition and responsible for their direct supervision. Please notify aquatic staff of your condition and how we can further assist you.



What to wear in the pool

Proper bathing attire means clothing used for swimming only. Sorry, no street clothes or undergarments. Patrons who are not toilet-trained must wear swim diapers. Regular diapers (disposable or cloth) are not permitted.



Change room age requirements

Children six years of age or older are required to use the change room of their own gender. If this is not suitable or you are not able to accompany your child into their gender specific change room, please make use of the family change room. No nudity permitted in the common area of the family change room.



Personal belongings/lockers

Patrons should not leave any valuables in the change rooms. Lockers are available for your use. You are encouraged to bring your own lock or purchase one at the kiosk for \$7. Locks must be removed after each use.

The Town of Newmarket is not responsible for any lost or stolen articles.



Strollers

Strollers are not permitted in the change rooms or on deck. If you require assistance, please see the customer service staff to borrow a pool stroller. (Limited strollers available).



Shower before swimming

All swimmers must shower thoroughly with soap before entering and re-entering the pool to help keep the water clean for your swimming enjoyment.



Sauna/swirl pool use policy

Children under 12 years of age are not allowed in the sauna or swirl pool unless supervised by a parent/guardian 16 years of age or older. Pregnant women and persons with known medical conditions should consult with a physician before using the sauna or swirl pool. The sauna is a dry sauna and no water is to be thrown on the heating unit. Note: The Sauna and Swirl Pool should only be used during designated Public Swim times.



Pool foul/power failure/emergency/maintenance closure

The pool(s) may close in an untimely manner due to a pool fouling, power failure, emergency or mechanical maintenance problem. In the event of an emergency no course credits will be provided.



Food and beverages

Food and beverages are not permitted on the pool deck or in the change rooms.



Photo/Video

To prevent distractions during swimming lessons, photos/videos are not to be taken. Due to the public nature of drop-in programs photo/video may be taken, but every attempt should be made to be respectful of everyone's privacy. Photo/video in change rooms is strictly prohibited.



Outdoor Footwear

Outdoor footwear is not permitted on the pool deck.

* Lesson Information

What to expect from lessons

Swimming requires a lot of practice and positive feedback to succeed. We believe that it takes 10 years of lessons to really learn to swim well. The Lifesaving Swim for Life program allows students to progress comfortably at their own rate. We encourage you to talk about lessons with your child. Make sure that you have realistic expectations and that your child feels **no pressure to pass** a level or get a sticker, but rather **focus on completing** the skills at their own pace. All parents/guardians of aquatic participants in lessons are required to remain in the designated seating areas (viewing gallery, patio or bleachers). We thank you for your cooperation.

Final report cards

At the end of the session each participant will receive their report card digitally and conveniently saved to their Xplor account. On the report card will be feedback from the instructor, outlining their swimming progress and next level to register in. If there is a particular skill or stroke that your child needs to work on, or any other information about your child that will assist your instructor during lessons, please let your instructor or Deck Supervisor know at the beginning of the first lesson. Questions about progress can be sent to swimming@newmarket.ca or the Deck Supervisor.

Class full? Join a waitlist.

If you are trying to register for a class and see that it is currently full, please join the waitlist for the level closest to the day/time you prefer. Waitlists are addressed one to two weeks prior to the start of the session and monitored during the first week for last minute cancellations. Staff will contact waitlisted participants if a spot becomes available or if it is possible to create an additional class.

Screening for aquatic levels

All lesson participants are screened on the first day of lessons for the correct level. If your child has learned to swim without instruction or has been out of lessons for a year or more, please speak with a Deck Supervisor or email swimming@newmarket.ca for assistance. Swim assessments can be requested during public swim times, however these are subject to staff availability and not guaranteed.

Instructor requests

We accept requests for instructors one week prior to the start of the session, however, we are unable to guarantee that the request will be granted. If an instructor has been requested and has a replacement instructor for one lesson, we cannot guarantee who that replacement will be. Please email all instructor requests to swimming@newmarket.ca

Private lessons

Private lessons are tailored to the needs of the participant, this means that pool space will be allocated accordingly. Please note a lane per private lesson is not guaranteed.

Adapted Lessons

The Town of Newmarket is dedicated to ensuring all individuals have a successful swimming experience. **We recommend these lessons to participants who meet the criteria below:**

- Extra support is required at school
- A disability exists that could affect the safety of the participant or other participants
- Extra support is required at home for basic care
- Participant is associated with support agency and/or program
- Participant has a safety plan with their educational institution
- There are behaviours to be managed (ie. biting, scratching, pinching, etc)

Email swimming@newmarket.ca to discuss program selection and support options.

* Swimming Lesson Session Dates

Spring 2024

Day of the Week	Location	#of Classes	Start Date	End Date	Exclusion Dates
Monday	MC	7	April 29	June 17	May 24
Tuesday	MC/RTRC	7	May 7	June 18	
Wednesday	MC/RTRC	7	May 8	June 19	
Thursday	MC/RTRC	7	May 9	June 20	
Saturday	MC/RTRC	7	May 11	June 23	
Sunday	MC/RTRC	7	May 12	June 23	



* Swimming Lessons

You've asked.
We've answered.

- 1. If I have little to zero swimming ability and have not taken lessons before, which level do I start in?**

Answer:

Parent and Tot 1: for ages 3 to 12 months and their caregiver.

Parent and Tot 2: for ages 12 to 24 months and their caregiver.

Parent and Tot 3: for ages 24 to 36 months and their caregiver.

Preschool 1: For ages 3 to 5 years. This is the first preschool level. Caregivers will join the class in the water for the first four lessons and then the child will work independently with the instructor.

Swimmer 1: ages 6 to 12 years.

Youth 1: ages 12 to 17 years.

Adult 1: 18+ years.

- 2. My child started in the Lifesaving Preschool program but they are now six years old. Which level should they register for now?**

Answer:

If your child turns six in the Preschool program, they should now register in the appropriate Swimmer level. (Please refer to Lessons Conversion Chart on page. 45)

- 3. I want to become a lifeguard and swimming instructor?**

Answer: The Swim Patrol levels (Rookie, Ranger, Star), Bronze Star or Bronze Medallion are the next step after Swimmer levels depending on your age.

- 4. I did not complete my swimming level, what is the next step?**

Answer: It is encouraged that the swimming level be repeated. Each level in the Lifesaving Swim For Life Program builds on skills and knowledge from the previous level. In order to set each child up for success, we encourage the levels to be taken in order.

- 5. My child has never had a swimming lesson, how do I prepare them?**

Answer: We encourage you to attend a public swim at one of our pools with your child to familiarize them with the water. Please refer to newmarket.ca/swimming for public swim times and admission standards.

- 6. Why is there only one lifeguard on deck during lessons?**

Answer: All swimming instructors are certified lifeguards. This means lifeguards are not required to supervise during instructional times. Deck Supervisors are present to monitor the facility and assist customers.

- 7. Can I swim with my child before or after my lesson?**

Answer: During drop-in programming, such as public swim, patrons must pay and receive a wristband prior to attending their registered program.

What to expect from lessons:

Swimming requires plenty of practice, patience, and positive feedback. We encourage you to talk about lessons with your child to make sure you have realistic expectations and your child feels no pressure to "pass" a level or get a sticker/badge, but rather focus on "completing" the skills at their own pace. Swimming lessons should be viewed as a long-term, continuous progression!

* Aquatic Leadership Pathway

Leadership 1:

LSS Bronze Medallion (13 years old or Bronze Star)

Required: Minimum 13 years old or Bronze Star

LSS Emergency First Aid with CPR B (12 years old or Bronze Star)

Required: Minimum 13 years old or Bronze Star



Leadership 2: LSS Bronze Cross

Required: Bronze Medallion and Emergency First Aid with CPR-B. Recommended: 15 years old



Leadership 3:

LSS Standard First Aid with CPR-C

Recommended: 14 years old



Leadership 4: LSS Assistant Instructor

Required: Minimum 14 years old and Bronze Cross. *LSS Assistant Instructor is an optional, but recommended course*



Leadership 5:

LSS National Lifeguard (NL)

Required: Minimum 15 years old, Bronze Cross and Standard First Aid with CPR-C



Leadership 6:

LSS Swim and Lifesaving Instructor

Required: Minimum 15 years old and Bronze Cross

Prep Courses: Looking to brush up your skills or see what the course is all about? Register for one of our prep courses to review and practice core skills and techniques involved.

Bronze Prep Course:

The Bronze Medallion and Bronze Cross are leadership courses that set candidates on the path to becoming a lifeguard. In these courses candidates are expected to perform fitness challenges, lifesaving kicks and rescue drills. The Bronze preparation course will introduce these rescue drills, fitness components, and lifesaving kicks required to achieve success in the Bronze Medallion and Bronze Cross course. Prerequisite: minimum 13 years of age

National Lifeguard Prep Course:

The National Lifeguard Program requires lifeguards to be fit and be able to complete the challenging fitness skills required for the job. The National Lifeguard preparation course will introduce candidates to these physical skills required to achieve success in the National Lifeguard course. Prerequisite: minimum 15 years of age and Bronze Cross award

Did you know?

Have you been unsuccessful in a recent leadership course (Bronze Medallion and higher)? Email us at swimming@newmarket.ca to arrange a retake of the same course within 6 months of the original course at no charge! Only one retake allowed per candidate per original course.

* Aquatic Leadership

You've asked.
We've answered.

1. I'm close to the age requirement. Can I come anyway?

No. The age requirement on all aquatic leadership programs is set by the Lifesaving Society and must be followed. Candidates will be asked to provide documentation demonstrating their date of birth at the beginning of their course.

2. Do I have to take the courses in order?

Yes. All of the aquatic leadership courses build on knowledge learned and fall within a progression-based model. Required courses have the prerequisites listed in the course descriptions.

3. Some courses say required and some say recommended. What is the difference?

The courses that are required are prerequisites for certifications that are needed to become a swim instructor or lifeguard. We strongly recommend the other courses to assist in the development of the candidate, to assist with their ability to perform on the job and to increase their knowledge.

4. Is attendance 100% mandatory?

Yes. The Lifesaving Society sets the hours required to learn the course material. Courses move quickly and some content is only covered once by instructors.

5. What do I need to bring?

On the first day please bring the following: Lunch, snacks, water bottle, bathing suit and towel, deck shoes, whistle, note books and pen, proof of age (birth certificate, driver's licence, etc.), and certification cards from previous courses.

6. I haven't received my certification card. What do I do?

Temporary cards are good for 90 days. If you haven't received your certification card 90 days after taking the course, you should contact the Lifesaving Society at 416-490-8844.

7. I have a copy of the course materials; can I use them and waive the extra fees?

Extra fees for leadership courses cover the exam fee and material costs set by the Lifesaving Society. If you have a current copy of the books you can use them and we will remove the cost from the course. In such cases, please contact swimming@newmarket.ca

8. My Standard First Aid (SFA) with CPR-C is expiring do I have to take a full course?

You must alternate the full course and a recert every three years. If you are unsure you can look up your qualifications at lifesavingsociety.com Find a member with your member ID. For the National Lifeguard course, the SFA and CPR-C prerequisite must be from one of the the SFA and CPR-C prerequisite must be from a Lifesaving Society approved organization.

Looking to volunteer?

Join us as an aquatic volunteer.
Email swimming@newmarket.ca for details. Bronze Cross recommended.

Explore a Career in Aquatics!

Are you looking for employment or are you interested in updating past advanced lifesaving qualifications?

We are always looking for enthusiastic individuals to join our team. **Apply online at newmarket.ca**

Assistant Instructors/Deck Attendants must be at least 14 years of age and need the following certifications:

- Assistant Instructor (or Swim Instructor)
- Bronze Cross (or National Lifeguard)
- Standard First Aid
- HIGH Five

Swim Instructors and Lifeguards must be at least 15 years of age and need the following certifications:

- Swim Instructor
- Lifesaving Instructor
- National Lifeguard
- Current Standard First Aid
- HIGH Five

Ready to jump in?

Register for our advanced lifesaving programs

newmarket.ca/swimming

Looking to volunteer?

Join us as an aquatic volunteer. Email swimming@newmarket.ca for details. Bronze Cross recommended.

* Swimming Programs

Preschool Swim Lessons

LSS Parent and Tot 1

Designed for 3 to 12 month olds, this level allows children to explore the water through fun and games. Parents/guardians participate in class and will learn how to help their child enjoy the water through play with comfort and confidence.

Age: 3 to 12 Months

Length: 30 Minutes

LSS Parent and Tot 2

Designed for 12 to 24 month olds, this level teaches children to get their face wet and blow bubbles. With parent/guardian assistance, participants practice front and back floats and learn how to travel at the surface by kicking.

Age: 12 to 24 Months

Length: 30 Minutes

LSS Parent and Tot 3

Designed for 24 to 36 month olds, children establish the building blocks for swimming stroke development with parent/guardian assistance: front and back floats, kicking on front and back, and breath control.

Age: 24 to 36 Months

Length: 30 Minutes

LSS Preschool 1

Participants will try assisted floats and glides on their front and back, while learning to get their face wet and blow bubbles (parent/guardian participates in the first four classes).

Age: 3 to 5 Years

Length: 30 Minutes



Click here to view full program information and register online

LSS Preschool 2

Participants will continue to work on floats and glides, but with lifejackets or buoyant aids. They'll submerge and exhale underwater and will kick on their back for 5 metres with a buoyant aid.

Age: 3 to 5 Years

Length: 30 Minutes

LSS Preschool 3

Participants will learn to float, glide, and kick on their front and back without assistance or buoyant aids. They will also be introduced to deep water with a lifejacket.

Age: 3 to 5 Years

Length: 30 Minutes

LSS Preschool 4

Participants will use flutter kick as they master gliding on their front, back, and side. While wearing a lifejacket, they'll tread water for 10 seconds in deep water.

Age: 3 to 5 Years

Length: 30 Minutes

LSS Preschool 5

Participants will work on endurance by treading water for 10 seconds and work on longer front and back crawl swims - including some interval training.

Age: 3 to 5 Years

Length: 30 Minutes

LSS Preschool 6

Participants will learn to kick 7 metres on their front and back, swim front crawl with a lifejacket for 5 metres, and will tread water while wearing a lifejacket.

Age: 3 to 5 Years

Length: 30 Minutes

Program Index

 Parent Participation Required

Private Lesson - Preschool

Preschool private lessons are recommended for children 3-5 years who have been working towards Preschool 1-3, but need individualized attention to accomplish specific skills or overcome a fear of the water. Please note these lessons will only take place in the learning pool.

Age: 3 to 5 Years

Length: 30 Minutes

Children's Swim Lessons

LSS Swimmer 1

Participants will learn to open their eyes, exhale, and hold their breath underwater. They'll work on floats, glides, and kicking through the water on their front and back.

Age: 6 to 12 Years

Length: 30 Minutes

LSS Swimmer 2

Participants will work on independent deep-water skills. Their endurance will improve with distance swims of 5-10 metres and flutter kick interval training. They will be required to swim front crawl and back crawl for 5 metres.

Age: 6 to 12 Years

Length: 30 Minutes

Semi Private Lesson – Swimmer 1/2

Participants will work towards completing a specific Learn to Swim level in a low instructor to swimmer class ratio (1:3). Swimmers will be working towards the completion of either Swimmer 1 or 2 (see above for level specific skills).

Age: 6 to 12 Years

Length: 30 Minutes



Click here to view full program information and register online

LSS Swimmer 3

Participants will tread water for 15 seconds, swim front and back crawl 10 metres, and participate in a flutter kick interval training (4 x 5 metres) workout. They'll also practice Swim to Survive® skills wearing a lifejacket.

Age: 6 to 12 Years

Length: 45 Minutes

LSS Swimmer 4

Participants will swim front and back crawl for 13 metres, work on endurance and learn how to swim whip kick on their back.

Age: 6 to 12 Years

Length: 45 Minutes

Semi Private Lesson – Swimmer 3/4

Participants will work towards completing a specific Learn to Swim level in a low instructor to swimmer class ratio (1:3). Swimmers will be working towards the completion of either Swimmer 3 or 4 (see above for level specific skills).

Age: 6 to 12 Years

Length: 30 Minutes

LSS Swimmer 5

Participants will work on diving into deep water and treading for 30 seconds. They will work on increasing their distance and efficiency for front crawl (15 metres), back crawl (15 metres), and whip kick.

Age: 6 to 12 Years

Length: 45 Minutes

LSS Swimmer 6

Participants will swim lengths of front and back crawl, whip kick, and breaststroke arms with breathing. They will work towards achieving the Canadian Swim to Survive® Standard: roll into deep water, tread for 1 minute, and swim 50 metres.

Age: 6 to 12 Years

Length: 45 Minutes

Program Index

Semi Private Lesson – Swimmer 5/6

Participants will work towards completing a specific Learn to Swim level in a low instructor to swimmer class ratio (1:3). Swimmers will be working towards the completion of either Swimmer 5 or 6 (see above for level specific skills).

Age: 6 to 12 Years

Length: 30 Minutes

LSS Swimmer 7

Participants learn eggbeater kick, scissor kick, and how to do a backward somersault. They'll refine their front and back crawl by swimming 50 metres of each, and will improve their breaststroke over a 25 metre swim.

Age: 6 to 12 Years

Length: 60 Minutes

LSS Swimmer 8

Participants will be challenged with stride entries, compact jumps, and lifesaving kicks. They will learn how to add in arm movements with their scissor kick to complete sidestroke as well as complete a 300 metre mixed stroke workout.

Age: 6 to 12 Years

Length: 60 Minutes

Semi Private Lesson – Swimmer 7/8

Participants will work towards completing a specific Learn to Swim level in a low instructor to swimmer class ratio (1:3). Swimmers will be working towards the completion of either Swimmer 7 or 8 (see above for level specific skills).

Age: 6 to 12 Years

Length: 30 Minutes



Click here to view full program information and register online

Private Lesson – Children

Private swim lessons are recommended for participants 6+ years who are working towards a Learn to Swim level, but need individualized attention to accomplish specific skills or overcome a fear of the water. Available for up to Swimmer 8.

Age: 6 to 12 Years

Length: 30 Minutes

Adapted Swim Lessons

These lessons meet the swimming requirements of individuals with identified special needs. All participants must complete and deliver an intake form (available online or at kiosk) before registration by emailing it to swimming@newmarket.ca.

Age: 3 to 18 Years

Length: 30 Minutes

Youth Swim Lessons

LSS Youth Swim 1

This program is designed to meet the needs of youth that have little to no swim training and allows youth to learn to swim in a group lesson with their peers. This is an introductory level teaching the basics of getting wet, floating positions, and introduction to front and back swims.

Age: 10 to 17 Years

Length: 45 Minutes

LSS Youth Swim 2

This level will build on the skills learned in the Youth Swim 1 facilitating the development of front crawl, back crawl, and surface support. New skills such as breaststroke, surface dives and stride entries will also be introduced.

Age: 10 to 17 Years

Length: 45 Minutes

Program Index

LSS Youth Swim 3

This level will build on the skills learned in the Youth Swim 2 facilitating the development of stroke technique and water safety skills. The continuous swim component will increase endurance.

Age: 10 to 17 Years

Length: 45 Minutes

LSS Youth Swimfit

This course aims to promote and encourage fitness through the sport of swimming and to promote fun and friendship through informal social activities. Due to the nature of the practices, it is required that participants are able to swim six lengths of the pool continuously or have completed Swimmer 8 / Youth 3.

Age: 10 to 17 Years

Length: 45 Minutes

Pre-Lifeguard Swim Lessons

LSS Rookie Patrol

Participants continue stroke development and endurance with 50 metre swims while learning lifesaving sport skills. First aid focuses on assessments of conscious victims, contacting EMS, and treatment for bleeding.

Age: 8 to 12 Years

Length: 60 Minutes

LSS Ranger Patrol

Participants enhance their technique through 75 metre swims of each stroke and further their lifesaving sport skills. First aid focuses on assessments of unconscious victims, choking, and treatment of victims in shock.

Age: 8 to 12 Years

Length: 60 Minutes



Click here to view full program information and register online

LSS Star Patrol

Participants are challenged with 600 metre workouts, 300 metre timed swims, and a 25 metre object carry. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and anaphylaxis.

Age: 8 to 12 Years

Length: 60 Minutes

LSS Junior Lifeguard Club (JLC)

Learn all about the exciting world of lifeguarding, improve your skills, your strokes, make new friends, get fit, and have fun! The JLC offers a unique aquatic alternative for children who love the water and want more than just 'lessons' or wish to complement the skills they are learning in swimming lessons or on a swim team.

Age: 8 to 12 Years

Length: 60 Minutes

Bronze Star and Basic First Aid with CPR-A Certification

This an excellent course to prepare for the Lifesaving Society Bronze Medallion course. Participants develop problem-solving and decision-making skills individually and with partners. Candidates learn basic first aid and develop lifesaving skills.

Age: 10 to 12 Years

Length: 10 to 12 total hours

Adult Swim Lessons

Adult Swim 1

Participants will work towards a 10-15 metre swim on their front and back, learn to jump from the side of the pool, and recover an object from the bottom in chest-deep water. This is an introductory level teaching the basics of getting wet, floating positions, and introduction to front and back swims.

Age: 18+ Years

Length: 45 Minutes

Program Index



Adult Swim 2

Participants will work on two interval training workouts of 4 x 25 metres kicking and swimming front or back crawl. Participants will learn to perform dive entries and demonstrate breaststroke arms and breathing over 10-15 metres.

Age: 18+ Years

Length: 45 Minutes

Adult Swim 3

Participants will learn eggbeater, stride entries, and compact jumps as well as complete 300 metre workouts to improve front crawl, back crawl, and breaststroke.

Age: 18+ Years

Length: 45 Minutes

LSS Adult Swimfit

This course aims to promote and encourage fitness through the sport of swimming and to promote fun and friendship through informal social activities. Due to the nature of the practices, it is required that participants are able to swim six lengths of the pool continuously or have completed Adult 3.

Age: 18+ Years

Length: 45 Minutes

Private Lesson – Youth/Adult

Private swim lessons are available for youth and adults (ages 13 years and older). These lessons are ideal for those with a fear of water, beginners, or those working on specific skills and require individualized attention.

Age: 13+ Years

Length: 30 Minutes

[Program Index](#)

Aquatic Leadership Courses

Base course fees for residents and non-residents are reflected in Xplor (previously known as PerfectMind). On this platform, at checkout, added fees include Leadership Materials required for the course

Leadership 1 – LSS Bronze Medallion and Emergency First Aid with CPR-B

This course develops basic lifesaving skills, including the endurance necessary to perform water rescues. The Bronze Medallion and Emergency First Aid is a prerequisite for the Bronze Cross course. 100% attendance is required. Prerequisites: 13 years of age or older or successful completion of Bronze Star. Materials required: Canadian Lifesaving Manual, Bronze Medallion Workbook, and Canadian First Aid Manual.

Age: 12+ Years

Leadership 2 – LSS Bronze Cross

This course continues to develop lifesaving skills and introduces the principles of lifesaving in aquatic facilities. Bronze Cross is a prerequisite for the National Lifeguard and Swim Instructor courses. 100% attendance is required. Prerequisites: Bronze Medallion and Emergency First Aid (need not be current). Materials included: Bronze Cross Workbook and a Whistle. Materials required: Canadian Lifesaving Manual from the Bronze Medallion and Emergency First Aid Course.

Age: 13+ Years



Click here to view full program information and register online



Leadership 3 - LSS Standard First Aid with CPR-C

Standard First Aid and CPR-C provides comprehensive training covering all aspects of first aid, CPR-C and AED use. LSS Standard First Aid is recognized by the Workplace Safety and Insurance Board (WSIB). Standard First Aid is a prerequisite for the National Lifeguard course. Materials required: Canadian First Aid Manual.

Age: 12+ Years

Leadership 4 - LSS Assistant Instructor

Through classroom learning and in-water practice, the Lifesaving Assistant Instructor course prepares candidates to become certified assistant instructors with swimming and lifesaving classes. 100% attendance is required. Prerequisite: 14 years of age and Bronze Cross. Materials required: Assistant Instructor Workbook.

Age: 14+ Years



Click here to view full program information and register online

Program Index

Leadership 5 - LSS National Lifeguard (NL)

The National Lifeguard course develops the practical skills, knowledge and values required by lifeguards in a pool setting. Strong leadership, communication, decision-making and judgment skills are essential to pass the exam. 100% attendance is required. Prerequisites: 15 years of age or older, Bronze Cross, current Standard First Aid with CPR-C (provided by an approved agency). Materials required: Alert Manual and whistle.

Age: 15+ Years

Leadership 6 - LSS Swim and Lifesaving Instructor

The Lifesaving Society Swim and Lifesaving Instructor course prepares the instructor to organize, plan, teach and evaluate individuals in the Lifesaving Society's Swim for Life, Lifesaving and First Aid programs. Successful candidates will receive three certification cards: Swim Instructor, Lifesaving Instructor and Emergency First Aid Instructor. 100% attendance is required. Prerequisite: 15 years of age and Bronze Cross. Materials required: Swim and Lifesaving Instructor Binder.

Age: 15+ Years

LSS Standard First Aid with CPR-C Recertification

Holders of Standard First Aid certificates from other agencies may not recertify their certificate on a Lifesaving Society recertification course. Prerequisites: completion of full SFA and CPR-C course with the Lifesaving Society (proof of certification required) within the last 3 years. Materials required: Canadian First Aid Manual.

Age: 12+ Years (recommended)

LSS National Lifeguard Recertification

Recertification of the National Lifeguard qualification. Proof of past certification required.

Age: 15+ Years

LSS Aquatic Supervisor Training

For deck-level supervisory staff, this course provides the knowledge and skills to manage a safe aquatic environment. Prerequisite: minimum 16 years of age, proof of 100 hours experience lifeguarding/instructing, and current National Lifeguard or Lifesaving Instructor. Materials included: Guide to Ontario Public Pools Regulation, Aquatic Supervisor Workbook. Materials required: Alert Manual from the National Lifeguard Course.

Age: 16+ Years

Leadership – Examiner Course

This is the initial step in obtaining Lifesaving Society examiner status. Lifesaving Society instructors who wish to apply for an Examiner appointment must attend. Prerequisites: Current Lifesaving Society Instructor. Recommended: 2 years experience instructing at Bronze level. Materials required: Examiner Handbook.

Age: 15+ Years



Click here to view full program information and register online

Program Index





Let's build our community together.



Newmarket has a variety of event sponsorships and naming opportunities available to profile and build your brand within our community.

We look forward to personally working with you to build your brand and engage with our community, helping to make it *well* beyond the ordinary.

Contact [**marketingsponsorship@newmarket.ca**](mailto:marketingsponsorship@newmarket.ca) for more information.



Drop-In Programs

newmarket.ca/schedules

Don't have the time to commit to a multi-week program? Interested in just trying out one of our classes? Try one of our drop-in programs!



Public skating, shinny hockey, swimming, fitness classes and a variety of sports available for drop-in style recreation activities to keep you in shape and having fun!

"I look forward to going to shinny every day. It's a good way to get active and work on your skills at any level and still have fun."

- Tommy Toedrag



Give the gift of Recreation

Application Information

1. Are you Eligible?

If you are a Newmarket resident you can apply to the Care Fund. There are no age restrictions to apply for funding, people of all ages can enjoy our recreation and membership programs.

2. Submit your Application

Download the application form at newmarket.ca/care

Drop off the application form at any of the facilities listed below:

- Magna Centre (800 Mulock Drive)
- Ray Twinney Recreation Complex (100 Eagle Street West)
- Municipal Offices (395 Mulock Drive)
- Old Town Hall (460 Botsford Street)

All submissions and program participation is completely confidential.

3. Discount

Town of Newmarket residents may each qualify for a % discount of up to a maximum of 50% off all program/membership registrations each calendar year based on their family income as per the Statistics Canada LICO (Low Income Cut Off) measure.

newmarket.ca/care



Creating Accessible Recreation for Everyone.





Give the gift of Recreation

3 Simple Steps to Donate to the Care Fund

1. Where to Donate

You can make donations in person at any Town of Newmarket Facility listed below:

- Magna Centre (800 Mulock Drive)
- Ray Twinney Recreation Complex (100 Eagle Street West)
- Municipal Offices (395 Mulock Drive)
- Old Town Hall (460 Botsford Street)

2. Payment Options

- ✓ **Cash**
- ✓ **Credit**
- ✓ **Cheque**

3. How Often

You can choose to donate as often as you would like. Donations over \$20 will receive a tax receipt

newmarket.ca/care



Creating Accessible Recreation for Everyone.





Local Charities

Canadian Tire Jumpstart®

Canadian Tire Jumpstart® is a community-based charitable program that helps kids aged 4 to 18 participate in organized sports and recreation such as hockey, dance, soccer and swimming, so they can develop important life skills, self-esteem and confidence.

Eligible – Newmarket Residents between the ages of 4 to 18

Criteria – Application + must demonstrate need for financial assistance with provision of proof of receiving subsidy (EI, OW, OH, GTRI, ODSP)

Frequency – Twice per annum (Jan-June and July-Dec)

Amount – Eligible 100% up to maximum of \$200

Contact – 905-895-5193 ext. 2705 Canadian Tire Jumpstart® - Newmarket Chapter – Contact 905-895-5193 or ctjs@newmarket.ca

York Region Subsidy Programs

York Region offers various types of subsidies for families with low to moderate income.

For more information on programs and eligibility, please visit www.york.ca/children or contact ACCESS YORK AT 1(877) 464-9675.

York Region does not guarantee funding or space in programs or camps.

We're Hiring!



We are always searching for energetic and talented individuals to join our team and contribute to our community!

Our job opportunities are a perfect way for you to gain valuable work experience and learn new skills.

We have jobs in:

- Sport
- Arts & Culture
- Camps
- Fitness
- Aquatics
- Special Events
- Youth

For more information & to apply visit: newmarket.ca/recjobs



Library Programs



* Library Registration

Register for programs with Xplor Recreation

Create an Xplor Recreation account. Online registration for Library and Town programs can only be done using Xplor Recreation. Take a few moments to sign up for your account

You can also register in person for Library programs at all NPL Service Desks. For more information call 905-953-5110 Ext. 4770 for Adult programs, 905-953-5110 Ext. 4690 for Children's programs and 905-953-5110 Ext. 4860 for Community programs.

* Library Programs

CHILDREN'S PROGRAMS

Register for programs with titles at Xplor Recreation

NOTE: Registration ends one week before program start date

Mother's Day Storytime and Craft: Drop-in

Join us for a very special Mother's Day Storytime! We'll share stories and make a greeting card just for Mom with tissue paper flowers. While supplies last, quantities are limited.

Saturday, May 11

Time: 2:00 – 2:30 p.m.

Ages: 3 to 12 years

Location: Story Room

Cost: FREE

Baby and Toddler Storytime: Drop-in

An interactive experience for you and your child, this eight-week program includes songs, bounces, rhymes and puppets for the child 6-35 months of age, but all are welcome. Limit of 15 children and caregivers.

Friday, Apr. 5 – May 24

Time: 10:30 – 11:00 a.m.

Ages: 6 – 35 months

Location: Picture Book Area

Cost: FREE

Family Storytime: Drop-in

Join us as we enjoy stories, songs, rhymes and finger-plays and share good times together. Children must be accompanied by an adult.

Every Saturday, April 6 to June 24

Time: 9:45 – 10:15 a.m.

Ages: 6 months to 5 years

Location: Picture Book Area

Cost: FREE

Family Storytime in the community coming this spring.



Click here to view full program information and register online

Preschool and Toddler Storytime: Drop-in

Join us for stories, songs and rhymes! Each week a new theme and a new set of stories. Parent/caregiver accompaniment required. Maximum 15 participants.

Tues., April 2 to May 21

Time: 9:45 – 10:15 a.m.

Ages: 2 to 4 years

Location: Story Room

Cost: FREE

Music and Movement

A fun interactive music-based program where children and caregivers together will get to dance, sing, play instruments and enjoy finger rhymes. Children must be accompanied by an adult. Registration required.

Ages: 2 to 4 years

Tuesday, April 2 to May 21

Time: 9:45 – 10:15 a.m.

Location: Multipurpose Room

Cost: FREE

Drag Queen Storytime with Haus of Devereaux: Drop-in

Don't miss this fun, family drop-in storytime event returning by popular demand and featuring the wonderful queens of the Haus of Devereaux. Enjoy acclaimed and age appropriate 2SLGBTQ+ stories, crafts and plenty of fun for everyone! Story sessions will be at approximately 2:00 and 3:00 p.m. No registration required.

Ages: Everyone welcome

Saturday, May 25

Time: 2:00 – 4:00 p.m.

Location: Multipurpose Room

Cost: FREE



Click here to view full program information and register online

Parent-Child Mother Goose

A 10-week program focusing on the pleasure and power of using rhymes, songs and stories together. It will give your baby healthy early experiences with communication, language and social relationships. It is also a chance for you to socialize with other parents with young children. This program is brought to you by EarlyON Child and Family Centre. Registration required through EarlyON

Thurs., Apr. 4 – June 6

Time: 1:30 – 3:30 p.m.

Ages: 3- 10 months with parent(s)

Location: Multipurpose Room

Cost: FREE

Register for Parent-Child Mother Goose

Full STEAM Ahead Workshops

STEAM workshops will inspire your child's curiosity about Science, Technology, Engineering, Art and Math. Each workshop includes hands-on activities and experiments. Registration required.

APRIL WORKSHOP: 10 spots

Ages: 8 to 10 years

The Titanic

The "unsinkable" Titanic sank on April 15th, 1912. Join us as we examine how this happened. We will try building our own unsinkable ships using common household items.

Tuesday, Apr. 16

Time: 4:30 – 5:30 p.m.

Location: Program Room

Cost: FREE



MAY WORKSHOP: 10 spots**Ages: 7 to 9 years****Plant Life Cycles, Seed Planting: A hands-on science activity**

From seed to roots to seedlings, plants are important in our everyday life. How long does it take for a seed to grow? Let's explore and discover various plant life cycles. We will plant bean seeds and learn about the importance of composting.

Tuesday, May 21**Time: 4:30 – 5:30 p.m.****Location: Program Room****Cost: FREE****Craft Afternoons: Drop-in**

Channel your inner artist when you visit our craft table in the program room. Open every fourth Tuesday afternoon in the month. Different crafts each month. Drop-in while art supplies last.

Tuesday, April 23 and May 28**Time: 3:30 – 5:00 p.m.****Ages: 5 -12 years****Location: Program Room****Cost: FREE****Blox and Bots: Lego Mindstorms**

LEGO Mindstorms combines LEGO with advanced technology. Learn to create and control an awesome robot. Space is limited, maximum of eight participants.

Tues., April 2 and 9**Time: 4:00 – 5:30 p.m.****Ages: 10 to 12 years****Location: Program Room****Cost: FREE****Blox Builders Club with LEGO: Drop-in**

Bring your imagination and create your own world with Lego and DUPLO. Children must be accompanied by an adult.

Sat., April 6 to June 29**Time: 10:00 a.m. – 4:00 p.m.****Ages: 3 years and up****Location: Story Room****Cost: FREE****Tween Book Club**

For pre-teens interested in reading challenging books like *The Witches* by Roald Dahl or *Swindle* by Gordon Korman. Meetings are once a month to discuss that month's chosen book, with activities based on the book's theme.

Contact Children's Dept. to register.

Every third Thursday of the month

Until May 16**Time: 7:00 – 8:00 p.m.****Ages: 9 to 12****Location: Program Room****Cost: FREE****Chess in the Library – Drop-in**

Love playing chess? Want to learn? Here's your opportunity to play a good game with your peers, or learn how to play. Chess in the Library is an organization whose mission is to promote chess across Canada through its student volunteer-run program at libraries. Parent/caregiver is to remain in the building if participant is under the age of 11. No registration required. For more information, visit the Chess in the Library website.

Every Saturday, April 6 to June 24**Time: 2:00 – 4:00 p.m.****Ages: 8 to 18 years****Location: Program Room****Cost: FREE**

**Click here to view full
program information
and register online**

Reading Buddies

Reading Buddies is a literacy-based program for children who need reading encouragement. Children in grades 1-4 will meet one-on-one with a high school or adult volunteer mentor for ten one-hour sessions. **If you are interested in obtaining a Reading Buddy for your child, please fill out our online registration form on our website or call 905-053-5105.**

COMPUTER SKILLS:

Point, Click, Connect: Digital Literacy

Learn basic computer skills in this 3-day workshop from Job Skills where you'll get one-on-one support from a team of tech savvy professionals. Find out about Microsoft Windows, Office and Excel, and communication via email and social media. Discover Internet job searching, Google Drive, privacy and security and online shopping.

Date: April 16, 17, 18

Time: 10:00-3:30 p.m.

Location: Large Study Room

Ages: Adults

Fee: Free

Register for Point, Click, Connect



Click here to view full program information and register online

Minecraft Club, Build A Minecraft Game World: Drop-in

If you know what enderman, skelly, redstone and creeper are, then you obviously 'dig' Minecraft. Learn to create your own Minecraft game world, new characters and objects in the Minecraft Club. Gain skills in Minecraft Education MakeCode Arcade tutorials and Mcreator. Presented by Code Ninjas East Gwillimbury and Newmarket Library. NOTE: First-come, first-served, so check-in early at the Children's Information desk on the second floor. To attend the second workshop, please put your name on the waitlist. Parents/guardians must remain in the Library during the program. Limit 12 children per workshop.

Sundays, April 28, May 26, June 30

Choose from two Times:

2:00 – 3:00 p.m. or 3:15– 4:15 p.m.

Ages: 8 years and up

Location: Board Room

Cost: FREE

TD SUMMER READING CLUB 2024

It's a summer tradition: the TD Summer Reading Club for kids 3 to 5 and 6 to 12 is back! This summer take time to star gaze and join us in our discovery of looking at planets, moons, stars or black holes. When we get tired from our interstellar travel, we will return home to our cozy books and beds where we can gaze out into the night sky or enjoy a book all about our vast and wonderful universe.

Join in the fun by registering at the Library starting Saturday, June 22. Participants explore recommended reads, track their reading, connect and share with others, read books online, join activities, collect reading incentives, and more. There are great resources for kids with print disabilities, as well as for pre-readers and their families. The Summer Reading Club inspires kids to enjoy reading, and it helps prevent learning loss when school is out by encouraging children to engage in reading all summer long. Prize draws will take place at the end of the summer for participants, and Children's Services has organized several summer reading club events.

The Bubble Show

Don't miss this spectacular show to kick-off the summer and the Summer Reading Club. This performance is filled with bubble magic, juggling, cool music and lighting effects. Bubble tricks include volcano bubbles and bubble tennis, and kids get to make their own bubbles. Registration required. Please register for each person planning to be in attendance, maximum 45 participants.

Saturday June 22, 2024

Time: 2:00-2:40 p.m.

Location: Multipurpose Room

Ages: 3 years and up

Cost: \$5 per person

TEEN PROGRAMS

Register for programs with titles at Xplor Recreation

NOTE: Registration ends one week before program date

Scholarship Essay Writing Workshop

Do you know how to write winning essays for scholarships? Would you like expert advice on how to stand out from all the other applicants? ACE Scholarship Consultant Judy Fiebig will outline how to create a compelling and authentic scholarship essay. Only the first six registrants will be guaranteed a spot to allow for individual support and attention from. This process is also useful in writing supplemental essays for your university and college applications.

Dates: April 13, 2024

Time: 11:00am – 12:30pm

Location: Board Room

Ages: 15 and up

Fee: Free

Register for Scholarship Essay Writing Workshop



Click here to view full program information and register online

YA Pride Club: Drop-In

In the YA Pride Club, LGBTQ+ teens can be themselves free from judgement and enjoy activities, discussions, and lots of fun. Whether you're questioning, out and proud, or anywhere in between, the club is an inclusive hangout where you will find acceptance, laughter and friendship. In biweekly meetings, we'll have respectful conversations about gender, sexuality and identity, and enjoy game nights, movie screenings, themed parties and creative workshops.

Biweekly Tuesdays, April 9 to June 18

Time: 6:00 – 7:30 p.m.

Ages: 13 to 20

Location: Story Room

Cost: FREE

Learn more and see the dates for YA Pride Club

Teen Advisory Group (TAG)

Teens aged 13-18 can earn community volunteer hours and help awesomeify the library! The T.A.G. works on projects that will help shape the library's programs and services. What kinds of projects? Lots! We've done things like assisting with library programs, create book displays, run contests, advise on web site development, participate in community events, suggest things the library should buy, and so much more! T.A.G. members ultimately guide the group's direction, it's up to YOU how things will happen!

Sound interesting? Have some ideas you'd like to bring to the table? Want to join? GREAT! Send an application form to Dora at dlafleur@newmarketpl.ca and she will touch base with you about joining! Regular meetings happen every other week on Wednesday evenings from 7-8 p.m.

Reading Buddies Mentors

Earn community hours and make a difference while working one-on-one with a child who is struggling to read. As a volunteer mentor you will get to know your buddy and plan your meetings to have fun and help them develop their reading skills. Mentors must have good communication skills, be independent, and be able to commit to the full 10 weeks of this program. Mentors will be interviewed, trained and matched with a child. Teens or adults who wish to volunteer can register online or call 905-953-5105 for more information. This program runs from September to June but we are always looking for interested Reading Buddies' mentors.

Chess in the Library

Student volunteers are needed to oversee chess matches, basic teaching and set up. This opportunity is a great way for students to earn their community hours. Do you love chess and are willing to lead others in the game? Register online and we will touch base with you about next steps. Chess in the Library runs every Saturday from 2 to 4 p.m. in the Library.

ONLINE LIBRARY DISCOVERY PROGRAMS:

Newmarket Library's Online Library has digital eBooks, audiobooks, magazines, newspapers, streaming movies, and more. All available to access from the comfort of your home. We'll show you how to enjoy all the digital delights waiting for you. **Use a tablet provided by the Library (or your own device). A valid, up-to-date library card or e-access card required.**



Click here to view full program information and register online

Discover Digital Reading: Drop-In

Learn about the user-friendly apps Libby, Hoopla and PressReader that make borrowing and enjoying eBooks, audiobooks, eMagazines and eNewspapers easy. Whether you're a seasoned reader or new to digital reading, this program will get you started on your literary journey.

Date: April 5

Time: 10:00-11:30 a.m.

Location: Board Room

Ages: Adults

Fee: Free

Discover Video Streaming and eMusic: Drop-In

Discover a world of digital entertainment at Newmarket Public Library with Kanopy, Hoopla, and Freegal, all at your fingertips using your library card. Stream movies, music, and more right from your device. Join us to learn more.

Date: May 10

Time: 10:00am – 11:30am

Location: Board Room

Ages: Adults

Fee: Free

Discover eLearning: Drop-In

Discover the eLearning apps LinkedIn learning, Hoopla and Mango. A quick introductory program where you can learn how to download, log in, and search for courses available in these apps and kickstart your eLearning.

Date: June 7

Time: 10:00am – 11:30am

Location: Board Room

Ages: Adults

Fee: Free

BOOK CLUBS

Register for programs with titles at Xplor Recreation

NOTE: Registration ends one week before program date

Dark Evenings Online Mystery Book Club

Mystery lovers this is the club for you! Intriguing books, lively discussions, and great titles to see you through the long, dark evenings of fall and winter. Club meetings take place the second Thursday of the month from September to June. Upcoming books include Heat Wave by Richard Castle, Down A Dark River by Karen Odden, and many more. Copies of the books will be available for pick-up approximately one month before club meeting dates. For more information on the club contact 905-953-5110 Ext. 4770 or register now for our next book club meeting.

Second Thursday of the month

Time: 7:00 – 8:30 p.m.

Location: Via Zoom

Cost: FREE

Afternoon Online Book Club

A great club for those readers who like to alternate between reading fiction and non-fiction. Club meetings are on the second Tuesday of the month at 2:00 p.m. Upcoming titles include The Art Thief by Michael Finkel, Lady Tan's Circle of Women by Lisa See, and Hello Beautiful by Ann Napolitano.. For more information on the club contact 905-953-5110 Ext. 4770

Second Tuesday of the month

Time: 2:00 – 3:00 p.m.

Location: Via Zoom

Cost: FREE



Click here to view full program information and register online

NPL's Online Cookbook Club

Let's get cooking! Here's a club for those who enjoy the culinary arts. We'll make different dishes each month based on a theme, with suggested recipe books to use that are available at the Library (feel free to use any recipe source). Then at our monthly zoom meetings we'll show each other the dish we've created (this can be a photo if it's already been consumed), and chat about food, recipes and more.

Third Thursday of the month

Afternoon Club Meeting

Time: 3:00 to 4:00 p.m.

Evening Club Meeting

7:00 to 8:00 p.m.

Location: Via Zoom

Cost: FREE

Bridging The Gap Book Club: Spring 2024 Graphic Novels.

No matter what generation you belong to, you'll enjoy our Bridging the Gap Book Club. There's no generation gap between people who love reading. Up next in the club: Graphic Novels. Read some books and experience the artistry and literary merit of this visual form of storytelling. Then we'll get together and have a lively, interactive discussion on what we've read. For more information on the club contact 905-953-5110 Ext. 4770

Club Meeting: Tues., March 26

Time: 7:00 p.m.

Location: Multipurpose Room

Cost: FREE

Register for Bridging The Gap Book Club

Online Library

Available 24/7 for eBooks, streaming movies, music online courses and more.

www.newmarketpl.ca/free

GALE COURSES



Online certificate courses free for Library members.

Look for Gale Courses in our Online Library, eLearning.
newmarketpl.ca/free



York Cinemania

York Cinemania is back with a new movie every month! Presented by Newmarket Public Library and East Gwillimbury Public Library, York Cinemania brings independent and award-winning TIFF films to audiences in northern York Region showing at SilverCity Cinemas Newmarket. Ticket Prices: \$15 per person, per film. Learn more about York Cinemania.

April's Film: Past Lives (2023)

Nora and Hae Sung, two deeply connected childhood friends, are wrested apart after Nora's family emigrates from South Korea. Twenty years later, they are reunited for one fateful week as they confront notions of love and destiny.

Wednesday, April 24

Time: 7:00 – 9:00 p.m.

Location: SilverCity Cinemas

Ages: Adults

Get Tickets to Past Lives

FILM FRIDAYS AT NPL

Drop in for free movies every Friday! Movies TBD, see library e-newsletter or social media for details on upcoming films. Bring your own snacks! Doors open at 1:45 p.m., movie starts at 2:00 p.m.

Fridays, until June 21

Time: 2:00 – 4:00 p.m.

Location: Multipurpose Room

Ages: Adults

Cost: FREE

SPECIAL EVENTS

Math in Drag Book Launch: Math is for Everyone

Meet drag queen Kyne Santos, who proves math can be fun. In her new book *Math In Drag*, Kyne explores mathematical mysteries and makes surprising connections, like the elegance of ballroom culture and the nature of infinity, the rebellious joys of *Pride* and dividing by zero, and the role of statistics in her own experience on *Drag Race*. Kyne wants readers to see numbers glitter, equations sashay through history, and embrace the beauty of math.

Date: April 6, 2024

Time: 2:00 – 4:00 p.m.

Location: Old Town Hall

Ages: All ages | Fee: Free

Get tickets to Math in Drag Book Launch here

NPL's Third Annual Community Plant Swap with Sale

Plant lovers start dividing and transplanting your plants in preparation for the library's third annual Community Plant Swap & Sale. Swap your garden or houseplants and/or cuttings with other plant enthusiasts. It's a great way to diversify your collection, and chat with others about how to care for the new plants you acquire. We are also expanding our sales tables so there will be lots of reasonably priced plants. To register, call us at 905-953-5110 Ext. 4770.

Saturday, May 11

Time: 2:00 – 4:00 p.m.

Location: Multipurpose Room

Visit us at www.newmarketpl.ca

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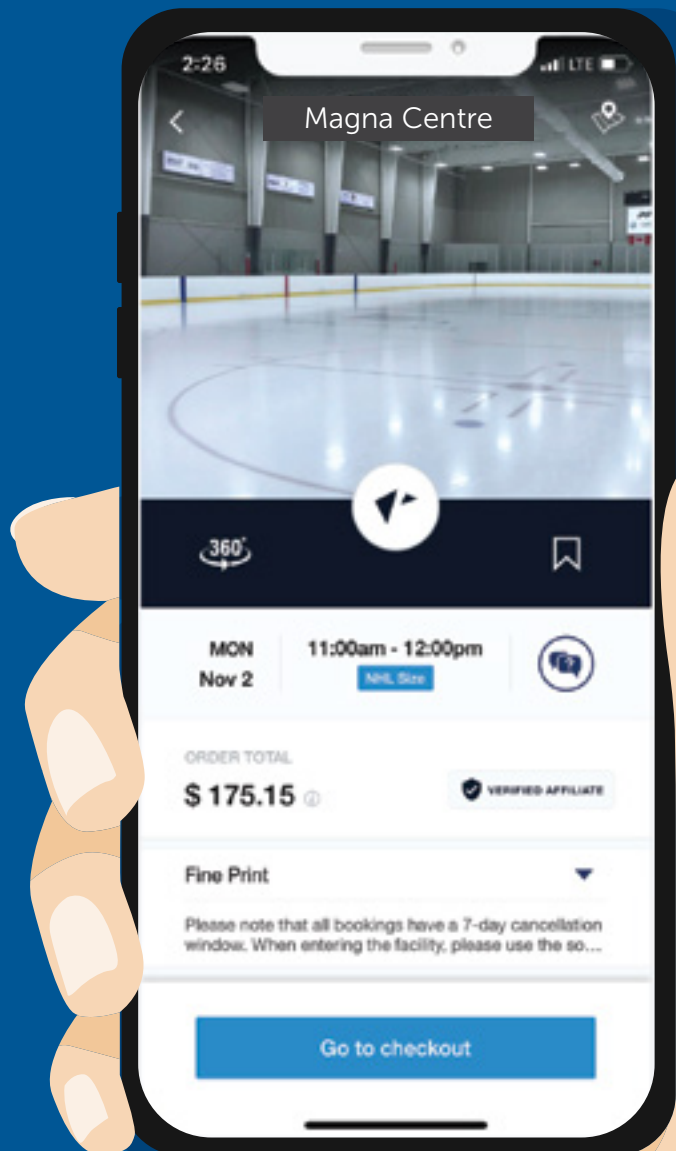
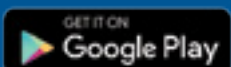
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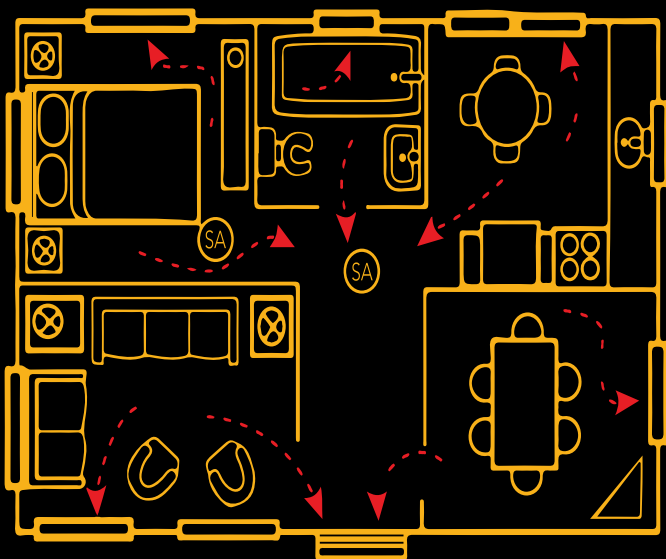
In an Emergency
9-1-1



CYFS.ca



In a fire emergency, **every second counts.**



- Draw a floor plan or a map of your home.
- Designate a safe place to meet once outside.
- Practice your home escape plan regularly with everyone in your home.
- Teach everyone that their priority is to get out and stay safe.
- Teach kids when and how to call 9-1-1.
- Practice. Practice. Practice.

Don't wait, plan your escape!

Fire Safety Checklist

- ☐ Test all smoke alarms.
- ☐ Develop a home escape plan and practice it.
- ☐ Check all electrical cords and ensure they are in good condition. Replace damaged cords right away.
- ☐ Make sure all of your extension cords are used safely and are not under carpets or across walking areas.
- ☐ Check the kitchen and make sure flammable items are cleared away from the stovetop.
- ☐ Avoid overloading a circuit with 'octopus outlets.' If additional outlets or circuits are required, have them installed by a licensed electrician.
- ☐ Have your chimney inspected and cleaned regularly (at least once a year).
- ☐ Have your furnace inspected at least once a year. If you have portable space heaters, ensure they are at least 1 metre away from burnable items.
- ☐ Check your clothes dryer and make sure the vent and filter are clean.
- ☐ Install a carbon monoxide alarm.

If a fire breaks out in your home, you may have only a few minutes to get out safely once the smoke alarm sounds. Working smoke alarms and a practiced home escape plan could save your life.

**Proudly protecting the communities
of Aurora and Newmarket.**

STAY FIRE SMART



Recreation & Culture
newmarket.ca/recreation

