

PA DAY ACTIVITIES

Friday, November 23, 2018

Activity	Time	Place	Cost	Notes
Swim*	1 to 3 p.m.	RTRC	\$3 FREE with membership	NEW
Fitness Centre Teen Orientation (Required to access the Fitness Centre)	Every hour starting at 9 a.m. to 3 p.m.	MC	FREE	ages 13 to 15 years
Group Fitness - Bouncefit Boot Camp	9:30 a.m.	MC	FREE with membership, \$8 without membership	ages 13+
Group Fitness - Zumba	Noon	MC	FREE with membership, \$8 without membership	ages 13+
Public Skate*	9 to 11 a.m.	MC	\$3 (for ages 5-17) FREE with membership	NEW
Track	6 a.m. to 10 p.m.	MC	\$1.25 for children and youth FREE with membership	ages 6+
Youth Centre Drop-In*	10 to 1 p.m. for those born 2006 and younger, 1 to 4 p.m. for those born 2003 to 2008	RYC	Gymnasium - FREE for Youth Centre Members, \$1 for Non-Members. Sk8 Park - \$5 for Members or those 2006 & Younger, \$6 for Non-Members (2005 & Older)	
Registered PA Day Program*	9 a.m. to 4 p.m.	RYC	\$40 for RYC Members, \$50 for Residents, \$70 for Non-Residents	Lunch and 2 snacks provided; extended Care available

* = Only for PA Days